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# Community education collaborations: Health and Physical Education (HPE).

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Tim Lynch

*Community education  
collaborations:  
Health and Physical  
Education (HPE).*



Your journey...

**What's your story?**



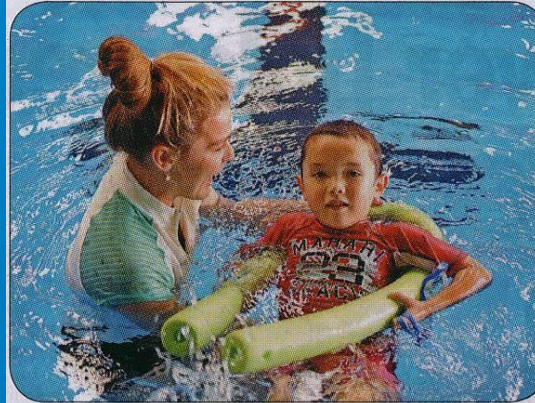
## Reflecting on Kirk in advocating HPE

- Appreciate & embrace the different stories/ experiences/ perspectives
- know your strengths
- Good marriage/ partnership -use to complement
- Best interest



# Journey of collaboration - Win Win Win

(Latrobe Valley  
Express,  
June 10, 2013).



■ Monash University student Laura Munn and Yinnar South Primary School student Marcus



■ Monash University student Rachel Williams and Yinnar South Primary School student Travis  
PHOTOGRAPHS LAURA FERGUSON

## Partnering up in the pool

BY REBECCA SYMONS

STUDENTS have been partnering up to advance aquatic abilities of primary school students.

Yinnar South Primary School students have been lucky enough to receive "fantastic" one-on-one swimming lessons from Monash University education students.

School principal Katy Grandin said it was a good partnership program that allowed the children to receive

valuable tuition at no cost.

"For our (students) to get one-on-one water experience is great; the parents have given really positive feedback and it's been thoroughly enjoyed by everybody," Ms Grandin said.

Monash University health and physical education coordinator Dr Tim Lynch said by completing this component of their training, the education students were then also able to get the swimming instructor qualification.

"They'll then go into school with confidence and competence and the skills needed, which is great because they can come down and get in the pool and help swimming instructors," Dr Lynch said.

"We have a great human resource in the students who are a great team... if they end up in a small school like Yinnar South then there's the situation that they alone could take the kids swimming."

Student teacher Georgia Collings said she enjoyed the

sessions because she was able to use the skills she had developed through coaching at Traralgon Swimming Club and she loved teaching in a different environment.

"I particularly like working with other people in my course who probably aren't as familiar with teaching kids how to swim, so I've found that great because I've been able to share my knowledge and what I do with my club," Ms Collings said.



# Melbourne Declaration on Educational Goals for Young Australians (MCEETYA, 2008)

**drives the national reform.**

- **Goal 1: Australian schooling promotes equity and excellence**
- **Goal 2: All young Australians become:**
  - **Successful learners**
  - **Confident and creative individuals**
  - **Active and informed citizens**





## Growing... roll, crawl, walk

<b>Semester 1 2011</b>	<b>39 pre- service teachers</b>	<b>Approx 80 children</b>	<b>Churchill North PS (Gr2 &amp; 3)</b>  <b>Lumen Christi C PS (Gr3 &amp; 4)</b>	<b>3 weeks (culminating activity)</b>
Semester 1 2013	70 pre- service teachers	Approx 140 children	Churchill PS (GrPrep, 1 & 2)  Lumen Christi C PS (GrPrep, 1 & 2)  Yinnar South PS (Prep – 6)	3 weeks (culminating activity)



## Churchill Primary School Prep-Grade 2 team leader

It was a fantastic opportunity for our students as many have never had formal (swimming) lessons before. The low socio-economic situation of many families in this area means that many students are not able to have the opportunity of learning about water safety with instructors. While Churchill Primary School does offer a swimming lesson program we often find that those most in need of lessons find the price too high. By offering free lessons through the University program we had 100% attendance from Prep/One/Two, which is amazing!

The children were very excited about going to the swimming lessons and were looking forward to going each time. They enjoyed getting to know their instructors and it was good to see the university students grow in their confidence of dealing with junior primary school children. Relationships between the instructors and students were just beginning to develop, so it was a shame there weren't more lessons.

We have also received many positive comments from parents about this wonderful opportunity. Many were amazed that the lessons would be offered free of charge. One family has three children in the Prep/One/Two area and normally sending all three to swimming lessons is too expensive. However, this time because they were free, all three children were able to go. Their Mum was so happy she didn't have to exclude any of her children from the lessons. (personal communication, June 13, 2013).





(Ewing, 2010, p. 127)

**‘The most important driver for the National Curriculum should be about equity and social justice and improved learning outcomes for our most disadvantaged and isolated students’**



# **1. Important for Pre-service teachers**

## **Hybrid space (Utopia)**

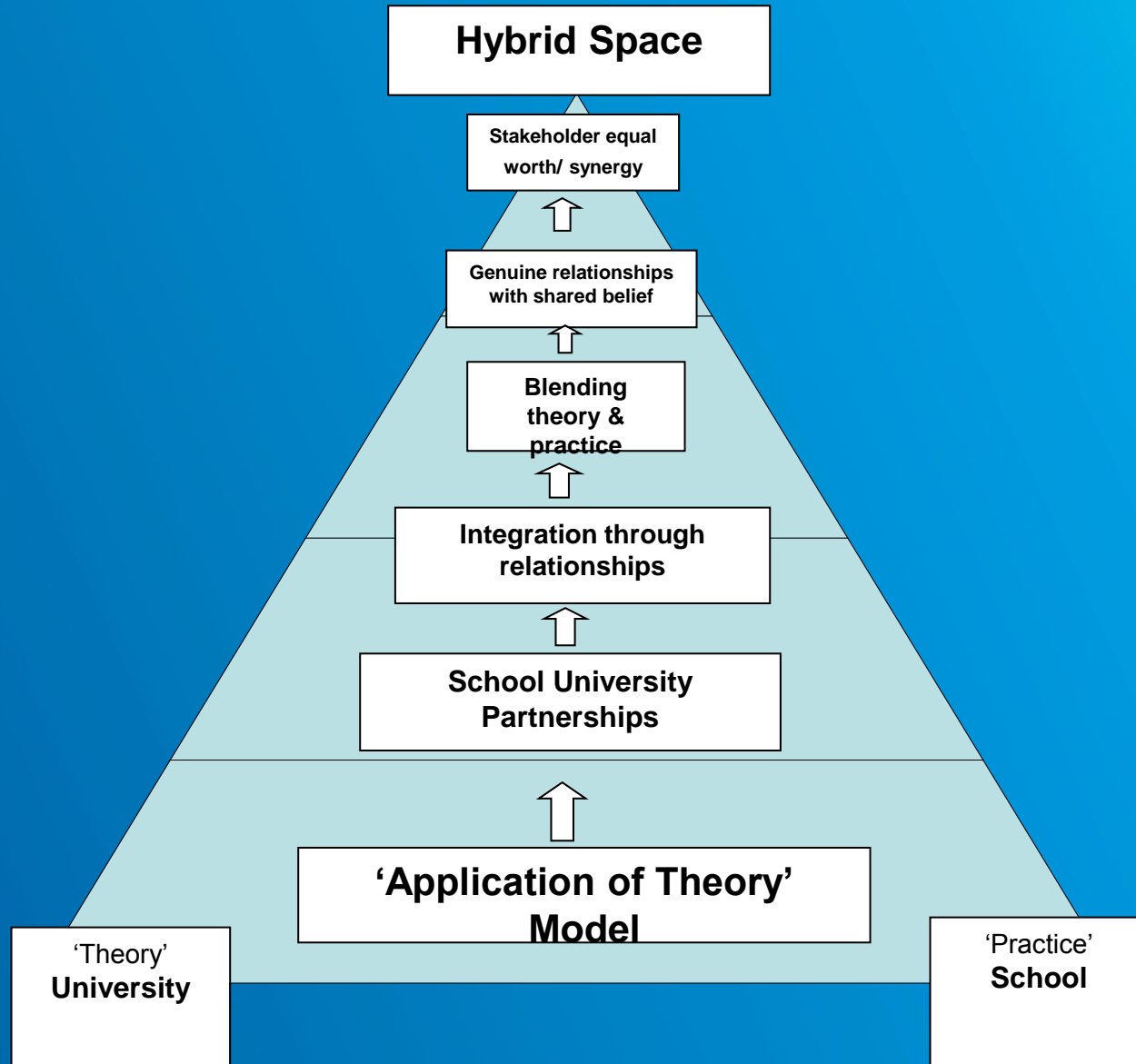
**“non hierarchical interplay between academic, practitioner and community expertise” (Zeichner, 2010, p. 89)**

- **shared partnership knowledge**
- **egalitarianism between stakeholders**



# Perennial dilemma of teacher education is connecting theory and practice

**ie. theoretically based knowledge that has traditionally been taught in university classrooms with the experience-based knowledge that has traditionally been located in the practice of teachers and the realities of classrooms and schools. (Darling-Hammond, 2006, p. 9)**





Student Evaluation of Teaching Unit (more than 15 enrolments and 10 or more completed surveys).

Year EDF2611 offered	Overall Satisfaction with quality (5 – strongly agree, 1 – strongly disagree)	The learning resources in this unit supported my studies (5 – strongly agree, 1 – strongly disagree)	The feedback I received in this unit was useful (5 – strongly agree, 1 – strongly disagree)	This unit made a positive contribution to my experiences during practicum (5 – strongly agree, 1 – strongly disagree)	Overall impression of the ASCTA SAT course (5 – excellent, 1 –unsatisfactory)
2009	2	3.1	2.63	2.33	No course
2011 (First year of community collaboration)	4	4	4	4.3	4.7
2013 (Second year of community collaboration)	4.4	4.61	4.22	4.75	4.8



## William Glasser advocates:

(Peden, Franklin & Larsen, 2009)

### We learn...

10% read

20% hear

30% do

50% see & hear

70% discuss with others

80% personal experience

95% what we teach others

**More knowledgeable  
teachers are about  
swimming & water  
safety concepts**



**More confident will  
be to teach OR  
assist in teaching**





## 2. Important for children

<http://www.heraldsun.com.au/news/victoria/principal-seeks-state-funded-swim-lessons-after-poor-parents-pull-children-from-classes/story-e6frf7kx-1226539935638#>

### Cost - opportunities diminished

Meadow Heights Primary School principal Kevin Pope said poverty was a major factor in a quarter of his pupils missing out on swimming lessons this year. 'A swimming program that costs \$100 a kid, and you've got three kids at the school – to come up with \$300 is very challenging'. (Thompson, 2012).



# 3. Recommendations **How?**

## Strengths –based approach

**“supports a critical view of health education with a focus on the learner embedded within a community’s structural facilitators, assets and constraints, and is enacted through resource-oriented and competence-raising approaches to learning”** (Macdonald, 2013, p. 100).

**Collaboration** “A collaborative approach is required to tackle this problem and we all need to take responsibility in ensuring that children do not miss out on learning these essential life saving skills” (Larsen, 2013)



## Context

- **Victorian Institute of Teaching (VIT) teacher registration requirement PE graduates - current teacher of swimming and water safety qualification (VIT, 2008 & 2012)**
- **EDF2611 Experiencing Aquatic Environments - unit requirement (2011)**
- **Cut costs and time (\$350 to \$100)**
- **Pathway created qualifications (lectures and practical tutorials)**
- **Swim Australia Teacher (SAT) ASCTA (\$100)**
- **Bronze Medallion (RLSSA) (\$15.70)**
- **Resuscitation (RLSSA) -Pathway within a pathway (\$7.50)**



## RTOs - Comparison between providers

<b>Registered Training Organisation (RTO)</b>	Austswim	ASCTA (Australian Swimming Coaches and Teachers Association)
<b>Course</b>	Austswim Teacher of Swimming and water safety	Swim Australia Teacher (SAT)
<b>Minimal cost required by provider</b>	\$215	\$100
<b>Cost for university students</b>	\$215	\$100
<b>Amount of time valid</b>	3 years	4 years
<b>National recognition</b>	RTO 104975	RTO20948
<b>International recognition</b>	—	International Federation of Swim Teachers Association (IFTSTA)
<b>Units of competency</b>	SRC AQU 003B SRC AQU 008B SRC AQU 009B SRC AQU 0010B SRC AQU 0011B SRC AQU 013B SRC CRO 007B	SRC AQU 003B SRC AQU 008B SRC AQU 009B SRC AQU 0010B SRC AQU 0011B SRC AQU 013B SRC CRO 007B



# Benefits

- **Children enjoyed (smiles and excitement)**
- **parents come to watch**
- **Children grew in confidence and ability**
- **Students placed theory into practise**
- **Relationships built (RTO/local health industry/ local primary schools and university)**

## A community collaborative approach to Lifelong Health and Wellness



**Teachers of tomorrow implementing Health & Physical Education (HPE) lessons for the children of today.**



Department of Education and  
Early Childhood Development



- **Six local rural primary schools**

- Churchill Primary School
- Hazelwood North Primary School
- Thorpdale Primary School

- Churchill North Primary School
- Lumen Christi Catholic Primary School
- Yinnar South Primary School

Semester 1  
2011

- Swimming lessons over 3 weeks (80 children and 40 Monash students).
- Churchill North Primary (Yr 2 & 3 children) and Lumen Christi Primary (Yr 3 & 4 children)

Semester 1  
2012

- Sport sessions over 5 weeks (netball, basketball, cricket, soccer, football, tee-ball).
- Yr 5 & 6 children -all six schools were involved (200 children and 40 Monash students)

2013-2015

- Swimming lessons over 3 weeks (increased to 140 children and 70 Monash students). Yinnar South Primary (P-6), Lumen Christi Primary and Churchill Primary (Prep -Yr2).
- Extension of Health and Physical Education learning opportunities across primary schools; dance, perceptual motor program, athletics, gymnastics, cross country, wide variety of physical activities/ sports, health and personal development.





# Power of

- **human relations**
- **combining of strengths  
to overcome  
impediments**