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Presentation of findings for South Australian Adelaide region Catholic Education Schools, for the Catholic Education Centre of South Australia - How are primary education health and physical education (HPE) teachers best prepared?

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Presentation of Findings

South Australia – Adelaide Region

Catholic Education schools

South Australia Adelaide Region Catholic Education schools (total)

Total returned surveys	15
Total South Australian Catholic Education schools	18
% within state	83.3%

1. Which teachers are responsible for HPE in your school (eg. Classroom, specialist HPE, outsourced)?

Specialist HPE teacher & Classroom	12	(80.0%)
Specialist HPE	2	(13.3%)
Classroom	1	(6.7%)

2. If HPE is outsourced please give details of what is outsourced and background/qualifications of the people who take the classes?

No details/not applicable	15	(100.0%)
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Not outsourced. Specialist PE teacher is employed by the school.

3. Do you prefer to have specialist HPE teachers in your school?

Yes	11	(73.3%)
No	4	(26.7%)
No details/not applicable	0	

Comments explaining why:

Only benefit is that it provides required non-contact teaching time/ Enterprise Agreement

Depth of knowledge, passion for role

The expertise the specialists bring to the curriculum benefits the students, and it demonstrates that the school values HPE

A PE specialist teacher would move continuity of physical education programme throughout the whole school. There would be greater clarity around the sequential development of skills and knowledge.

Greater understanding of movement, more exciting activities, create interest and motivation of students R-5

So that a quality program can be implemented and assessment done on each child

Support and provide in-service for classroom teachers

PE teachers are specialised – they have the skills and curriculum knowledge to offer a full program. Generally PE teachers are good role models for health & fitness

Specialist HPE bring specialised training and pedagogy – often specialist HPE

teachers are passionate on this area & contribute to the whole school community

Specialist teachers have skills and are passionate about this curriculum area

Most teachers are not specialists in this field so a trained PE teacher will provide a better quality and age appropriate program

4. If your school does have a HPE specialist teacher, do they have specific HPE qualifications?

Yes	11	(73.3%)
No	3	(20.0%)
No details/not applicable	1	(6.7%)

5. On average how much time of PE (lesson) engagement do students in your school receive weekly?

None	0	
Half an hour	0	
1 hour	6	(40.0%)
2 hours	7	(46.7%)
3 hours or more	2	(13.3%)

6. When employing staff, do you look at the university certificate/ testimonial of potential staff?

Yes	9	(60.0%)
No	6	(40.0%)

7. When employing teachers do you peruse university transcripts of results?

Yes	4	(26.7%)
No	11	(73.3%)

8. As a Principal, would a course that qualifies teachers to be generalist classroom teachers and HPE specialists be of value?

No	0	
Maybe	2	(13.3%)
Probably	4	(26.7%)
Yes	9	(60.0%)

9. Would a testamur/ certificate that read “Bachelor of Primary Education (Health and Physical Education)” assist you with the employment of staff?

No	1	(6.7%)
Maybe	5	(33.3%)
Probably	4	(26.7%)
Yes	5	(33.3%)

10. What are the key attributes of a good HPE teacher?

HPE curriculum knowledge & dev appropriate pedagogy	12 (mentions)
Passion/ interest/ enthusiasm (children)	10
Planning/ assessment and flexibility (organised)	7
Cater for all learning needs (empathy & support)	6
Role model for healthy living	6
Quality relationships	6
Is always positive	6
Athletic/ fitness/ stamina/ active/ skill level	5
Engaging & fun for students	4
Rapport /communication and management skills	4
Introduce/knowledge a variety of physical activities/skills	3
Innovative (resourceful and creative)	3
Liaises well with other staff, schools & parents (network)	3
Contemporary	2
Inspirational/ motivating	1

Committed	1
Team player/ team work/collaboration	1
Advocate of & teaches healthy behaviours (holistic)	1
Hard worker/ drive	1
Leadership	1
Energy	1
Develop children's team work skills	1
Competitive/ non-competitive balance	1
Reflective	1

11. Are there any other details you would like to add on the issue of quality HPE experiences for children in schools?

Fundamental Motor Skills activities and assessment, Play with Purpose activities, all classroom teachers need to do it.

In my years as a teacher/ Principal I have not come across a H & PE teacher that teachers both health & PE. They only teach PE and the health aspect is left to the classroom teacher.

Promotion of healthy, active lifestyles is very important to promote in schools.

Our system does little to support quality curriculum development in HPE. What we do is driven by us.

Children need to be taught PE in a safe manner, lots of variety, development.

Fitness and health begins at home, the school can only offer a small program, parents are the full time role models.

No details/not applicable	9	(60.0%)
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Small sized schools (less than 100 children) South Australia Adelaide Region

Catholic Education

- 0 returned surveys

Medium sized schools (100 – 300 children) South Australia Adelaide Region**Catholic Education**

- 8 returned surveys

1. Which teachers are responsible for HPE in your school (eg. Classroom, specialist HPE, outsourced)?

Specialist HPE teacher & Classroom	7	(87.5%)
Classroom teacher	1	(12.5%)

2. If HPE is outsourced please give details of what is outsourced and background/qualifications of the people who take the classes?

No details/not applicable	8	(100.0%)
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3. Do you prefer to have specialist HPE teachers in your school?

Yes	5	(62.5%)
No	3	(37.5%)

Comments explaining why:

Support and provide in-service for classroom teachers.

So that a quality program can be implemented and assessment done on each child.
Greater understanding of movement, more exciting activities, create interest and motivation of students R-5.

Depth of knowledge, passion for role.

Only benefit is that it provides required non-contact teaching time/ Enterprise Agreement.

A PE specialist teacher would ensure continuity of physical education programme throughout the whole school. There would be greater clarity around the sequential development of skills and knowledge.

4. If your school does have a HPE specialist teacher, do they have specific HPE qualifications?

Yes	5	(62.5%)
No	2	(25.0%)
No details/not applicable	1	(12.5%)

5. On average how much time of PE (lesson) engagement do students in your school receive weekly?

None	0	
Half an hour	0	
1 hour	2	(25.0%)
2 hours	4	(50.0%)
3 hours or more	2	(25.0%)

6. When employing staff, do you look at the university certificate/testamur of potential staff?

Yes	5	(62.5%)
No	3	(37.5%)

7. When employing teachers do you peruse university transcripts of results?

Yes	4	(50.0%)
No	4	(50.0%)

8. As a Principal, would a course that qualifies teachers to be generalist classroom teachers and HPE specialists be of value?

No	0	
Maybe	1	(12.5%)
Probably	3	(37.5%)
Yes	4	(50.0%)

9. Would a testamur/ certificate that read “Bachelor of Primary Education (Health and Physical Education)” assist you with the employment of staff?

No	0	
Maybe	3	(37.5%)
Probably	4	(50.0%)
Yes	1	(12.5%)

10. What are the key attributes of a good HPE teacher?

Passion/ interest/ enthusiasm (children)	6
Planning/ assessment and flexibility (organised)	4
Role model for healthy living	4
HPE curriculum knowledge & dev appropriate pedagogy	3 (mentions)
Cater for all learning needs (empathy & support)	3
Athletic/ fitness/ stamina/ active/ skill level	3
Quality relationships	3
Is always positive	3
Liaises well with other staff, schools & parents (network)	3
Engaging & fun for students	2
Innovative (resourceful and creative)	2
Contemporary	2
Rapport /communication and management skills	1
Introduce/knowledge a variety of physical activities/skills	1
Committed	1
Team player/ team work/collaboration	1
Advocate of & teaches healthy behaviours (holistic)	1
Leadership	1
Energy	1
Develop children’s team work skills	1
Competitive/ non-competitive balance	1

11. Are there any other details you would like to add on the issue of quality HPE experiences for children in schools?

Fundamental Motor Skills activities and assessment, Play with Purpose activities, all classroom teachers need to do it.

In my years as a teacher/ Principal I have not come across a H & PE teacher that teachers both health & PE. They only teach PE and the health aspect is left to the classroom teacher.

Promotion of healthy, active lifestyles is very important to promote in schools.

No details/not applicable	5	(60.0%)
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Large sized schools (300-600 children) South Australia Adelaide Region

Catholic Education

- 5 returned surveys

1. Which teachers are responsible for HPE in your school (eg. Classroom, specialist HPE, outsourced)?

Specialist HPE	1	(20.0%)
Specialist HPE & classroom teachers	4	(80.0%)

2. If HPE is outsourced please give details of what is outsourced and background/qualifications of the people who take the classes?

No details/Not Applicable	5	(100.0%)
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3. Do you prefer to have specialist HPE teachers in your school?

Yes	4	(80.0%)
No	1	(20.0%)

Comments explaining why:

Most teachers are not specialists in this field so a trained PE teacher will provide a better quality and age appropriate program.

Specialist teachers have the skills and are passionate about this curriculum area.

Specialist HPE bring specialised training and pedagogy – often specialist HPE teachers are passionate on this area and contribute to the whole school community.

4. If your school does have a HPE specialist teacher, do they have specific HPE qualifications?

Yes	4	(80.0%)
No	1	(20.0%)

5. On average how much time of PE (lesson) engagement do students in your school receive weekly?

None	0	
Half an hour	0	
1 hour	2	(40.0%)
2 hours	3	(60.0%)
3 hours or more	0	
No details/not applicable	0	

6. When employing staff, do you look at the university certificate/ testamur of potential staff?

Yes	3	(60.0%)
No	2	(40.0%)

7. When employing teachers do you peruse university transcripts of results?

Yes	0	
No	5	(100.0%)

8. As a Principal, would a course that qualifies teachers to be generalist classroom teachers and HPE specialists be of value?

No	0	
Maybe	1	(20.0%)
Probably	1	(20.0%)
Yes	3	(60.0%)

9. Would a testamur/ certificate that read “Bachelor of Primary Education (Health and Physical Education)” assist you with the employment of staff?

No	0	
Maybe	2	(40.0%)
Probably	0	
Yes	3	(60.0%)

Very large sized schools (600 children and more) South Australia Adelaide Region Catholic Education

- 2 returned surveys

1. Which teachers are responsible for HPE in your school (eg. Classroom, specialist HPE, outsourced)?

Specialist HPE teacher & Classroom	1	(50.0%)
Specialist HPE	1	(50.0%)

2. If HPE is outsourced please give details of what is outsourced and background/qualifications of the people who take the classes?

No details/Not Applicable	2	(100.0%)
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3. Do you prefer to have specialist HPE teachers in your school?

Yes	2	(100.0%)
No	0	

Comments explaining why:

PE teachers are specialised – they have the skills and curriculum knowledge to offer a full program. Generally PE teachers are good role models for health and fitness. The expertise the specialists bring to the curriculum benefits the students, and it demonstrates that the school values HPE.

4. If your school does have a HPE specialist teacher, do they have specific HPE qualifications?

Yes	2	(100.0%)
No	0	

5. On average how much time of PE (lesson) engagement do students in your school receive weekly?

None	0	
Half an hour	0	
1 hour	1	(50.0%)
2 hours	1	(50.0%)
3 hours or more	0	

6. When employing staff, do you look at the university certificate/ testamur of potential staff?

Yes	1	(50.0%)
No	1	(50.0%)

7. When employing teachers do you peruse university transcripts of results?

Yes	0	
No	2	(100.0%)

8. As a Principal, would a course that qualifies teachers to be generalist classroom teachers and HPE specialists be of value?

No	0	
Maybe	0	
Probably	0	
Yes	2	(100.0%)

9. Would a testamur/ certificate that read “Bachelor of Primary Education (Health and Physical Education)” assist you with the employment of staff?

No	1	(50.0%)
Maybe	0	
Probably	0	
Yes	1	(50.0%)

10. What are the key attributes of a good HPE teacher?

HPE curriculum knowledge & dev appropriate pedagogy	2 (mentions)
Quality relationships	2
Rapport /communication and management skills	2
Passion/ interest/ enthusiasm (children)	1
Cater for all learning needs (empathy & support)	1
Planning/ assessment and flexibility (organised)	1
Role model for healthy living	1
Engaging & fun for students	1
Is always positive	1

11. Are there any other details you would like to add on the issue of quality HPE experiences for children in schools?

Fitness and health begins at home, the school can only offer a small program, parents are the full time role models.

No details/not applicable	1	(50.0%)
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