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Why I'm Making Vibrating Underwear

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Why I’m Making Vibrating Underwear

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EMBODIED COGNITION

brain ≠ mind
the body shapes the mind
Feldenkrais Method
I’m Making Vibrating Underwear

To make you more aware of your body so you can sense yourself better

To create DIY touch therapy so you can feel and think better

As a tactile quasi-musical instrument of sorts so you can play yourself

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