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Swimming Education in Society:
developing ability and confidence

Sport & Society Conference 2012
Cambridge University
Golden memories outshine silver for Jones and Coutts

August 5, 2012

Michael Cowley

Glory ... Emily Seebohm, Melanie Schlanger, Leisel Jones and Alicia Coutts with their silver medals for the 4 x 100m medley relay. Photo: Steve Christo

It was historic on a couple of levels, but just swimming as part of a team, with their mates, was more significant for both Leisel Jones and Alicia Coutts last night.

Not surprisingly considering the way the week has gone, Australia's women's 4 x 100m medley relay team finished with another silver behind the superstar American team, but it was worth more for Coutts and Jones.

For Jones, the medal was her ninth Olympic medallion. She has three gold, five silver and one bronze from four Games' appearances. That equals the best of any Australian Olympian, tying Ian Thorpe who won five gold, three silver and one bronze in his two Olympics.

As for Coutts, she has won five medals in London - a gold in the 4 x 100m freestyle relay, silvers in the 200m individual medley, 4 x 200m relay and Saturday’s medley relay, and a bronze in the 100m butterfly - which sees her join two legends of Australian swimming in having won five medals in a single Olympics.

Only Thorpe who won three gold and two silver in Sydney in 2000, and Shane Gould who collected three gold, one silver, and one bronze in Munich in 1972, have achieved what Coutts has done here.

She passes those with four medals in one games: Petria Thomas three gold, one silver (Athens 2004); Michael Klim two gold, two silver (Sydney 2000); Mike Wenden two gold, one silver, one bronze (Mexico 1968); Thorpe two gold, one silver, one bronze (Athens 2004); Libby Trickett two gold, one silver, one bronze (Beijing 2008); Susie O'Neill one gold, three silver (Sydney 2000), and Francis Calette three silver, one bronze (St Louis 1904).

Coutts and Jones were joined by Melanie Schlanger who finished the week with a gold and two silvers, and Emily Seebohm who also has a gold and two silvers from her London experience.
S.A.N.F.L
Premiers 1985
GLENELG FOOTBALL CLUB

Back Row:  M. Donovan, D. Kemahan, M. Murphy, J. West, A. Carlton, J. Seaboham, C. Dutty, G. Walsh
Front Row: A. Stringer, A. Hall, M. Stringer, S. Kemahan (vice captain), G. Corr (coach), P. Carey (captain), A. Symonds, J. MacFarlane, S. Sachsby
Absent: W. Henwood
Melbourne Declaration on Educational Goals for Young Australians (December, 2008)

- Goal 1: Australian schooling promotes equity and excellence
- Goal 2: All young Australians become:
  - Successful learners
  - Confident and creative individuals
  - Active and informed citizens

‘The most important driver for the National Curriculum should be about *equity and social justice* and improved learning outcomes for our most disadvantaged and isolated students’ (Ewing, 2010, p. 127)
How? Commitment to action:

Promoting world class curriculum and assessment; and

Improving educational outcomes for the disadvantaged young Australians, especially from lower socio-economic backgrounds
Swimming & Water Safety – Bachelor of Primary Education (What?)

- EDF2616 Experiencing Aquatic Environments (elective – HPE major stream)

- Education Students (future teachers) implement swimming & water safety lessons in local Primary Schools
Northside swim lessons with Emily Seebohm

17 Dec 09 @ 07:00am by Dennis Clough

Pool pair . . . Emily and Karen Seebohm are ambassadors for Swim Australia.

BOONDALL: Bracken Ridge’s Olympic gold medallist Emily Seebohm and her mother, Karen, are out to share their love of swimming these school holidays. Mrs Seebohm and Emily have both signed on as ambassadors for Swim Australia to encourage other people to act as swimming instructors for children. For Emily, taking on a role promoting swimming teaching and pool safety is a natural progression.

“Being around the pool a lot for my own training, I got to watch plenty of classes,” Emily said.

“I saw the kids enjoying their lessons and trying hard to master a new skill I wanted to be part of that.”

Swim Australia chief executive officer Ross Gage said swimming and water safety skills were invaluable for children.

Mrs Seebohm, who has been a swimming teacher for several years, said she was conscious about the need to promote pool safety for children. She said the school holidays were a great time to either start swimming lessons or to continue in the sport. Swimming lessons will run at Nudgee College, Boondall, throughout the school holidays with a short break over Christmas and the New Year. To make a booking, phone 38650516.
Why? - University student benefits

• Victorian Institute of Teaching (VIT) teacher registration requirement PE graduates - current teacher of swimming and water safety qualification (VIT, 2008)

• EDF2616 unit requirement

• Cut costs and time ($350 to $100)

• Pathway created qualifications (lectures and practical tutorials)
  – Swim Australia Teacher (SAT) ASCTA ($100)
  – Bronze Medallion (RLSSA) ($15.70)
  – Resuscitation (RLSSA) -Pathway within a pathway ($7.50)
## Why Swim Australia Teacher (SAT) ASCTA? – choosing a provider (RTO)

<table>
<thead>
<tr>
<th>Registered Training Organisation (RTO)</th>
<th>Austswim</th>
<th>ASCTA (Australian Swimming Coaches and Teachers Association)</th>
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<tbody>
<tr>
<td>Course</td>
<td>Austswim Teacher of Swimming and water safety</td>
<td>Swim Australia Teacher (SAT)</td>
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<tr>
<td>Minimal cost required by provider</td>
<td>$215</td>
<td>$100</td>
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<tr>
<td>Cost for university students</td>
<td>$215</td>
<td>$100</td>
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<tr>
<td>Amount of time valid</td>
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<td>National recognition</td>
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<td>RTO20948</td>
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<tr>
<td>International recognition</td>
<td>–</td>
<td>International Federation of Swim Teachers Association (IFTSTA)</td>
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<td>Units of competency</td>
<td>SRC AQU 003B, SRC AQU 008B, SRC AQU 009B, SRC AQU 0010B, SRC AQU 0011B, SRC AQU 013B, SRC CRO 007B</td>
<td>SRC AQU 003B, SRC AQU 008B, SRC AQU 009B, SRC AQU 0010B, SRC AQU 0011B, SRC AQU 013B, SRC CRO 007B</td>
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Advantages

- Children enjoyed (smiles and excitement), parents came to watch
- Children grew in confidence and ability
- Students placed theory into practice
- Relationships built

“My kids had a ball with the swimming. They were disappointed that it was only for the extra two weeks (one week was a holiday for this school). Like I said to you then, any time you need children feel free to approach us. We are very willing to assist.”
Seed has been planted

- Learning process
- Reflect and develop