Faculty of Science and Engineering

School of Biological and Marine Sciences

2015

PHOTOPHYSIOLOGICAL AND BIOCHEMICAL EFFECTS OF CO2 AND TEMPERATURE LEVELS ON CYSTOSEIRA TAMARISCIFOLIA, COLLECTED ON SOUTHERN SPAIN

Celis-Pla, PSM

http://hdl.handle.net/10026.1/3902

EUROPEAN JOURNAL OF PHYCOLOGY

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Accepted Manuscript

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PII: S0141-1136(15)30079-9

DOI: 10.1016/j.marenvres.2015.11.014

Reference: MERE 4101

To appear in: Marine Environmental Research

Received Date: 18 August 2015

Revised Date: 19 November 2015

Accepted Date: 28 November 2015

Please cite this article as: Celis-Plá, P.S.M., Bouzon, Z.L., Hall-Spencer, J.M., Schmidt, E.C., Korbee, N., Figueroa, F.L., Seasonal biochemical and photophysiological responses in the intertidal macroalga *Cystoseira tamariscifolia* (Ochrophyta), *Marine Environmental Research* (2015), doi: 10.1016/j.marenvres.2015.11.014.

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Seasonal biochemical and photophysiological responses in the intertidal macroalga Cystoseira tamariscifolia (Ochrophyta).

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16 Abstract

17 Seasonal changes in the biochemistry and photophysiology of the brown macroalga 18 Cystoseira tamariscifolia was analyzed in southern Spain. Total carbon and nitrogen 19 contents, phenolic compounds, antioxidant and photosynthetic activities were 20 seasonally determined over two years. Carbon, nitrogen and photoprotective phenolic 21 contents were higher in winter and spring than in summer and autumn. Antioxidant levels were highest in spring and we found a positive correlation between phenolic 22 23 content and antioxidant activity (EC₅₀). Photosynthetic capacity (ETR_{max}) and 24 photosynthetic efficiency (α_{ETR}) were also highest in spring, and there was a positive correlation between ETR_{max} and the amount of phenols present. Increased irradiance in 25 26 spring enhanced algal productivity, antioxidant activity and the production of 27 photoprotective compounds but in summer nutrient depletion due to thermal 28 stratification of coastal waters reduced photosynthetic activity and the photoprotective 29 capacity of C. tamariscifolia. Electron microscopy showed that phenols occurred in the 30 cytoplasm of cortical cells inside physodes. Spring would be the best period to harvest C. tamariscifolia to extract photoprotectors and antioxidants for potential commercial 31 32 uses, although the environmental impacts would need to be carefully assessed.

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Keywords: Algal productivity, antioxidants, Cystoseira tamariscifolia, in vivo 34 35 chlorophyll a fluorescence, nitrogen, phenols, UV protection, Mediterranean Sea.

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38 INTRODUCTION

39 Macroalgae in temperate regions, such as southern Spain, are exposed to wide daily 40 and seasonal changes in photosynthetically active radiation (PAR) and ultraviolet (UV) 41 light. They use photoprotective compounds such as carotenoids or polyphenols to help 42 them cope with high light levels (Stengel et al., 2011). Light harvesting carotenoids are 43 highly efficient O₂ scavengers that play an essential role in protection against excess 44 light and photooxidative stress (Cantrell et al., 2003; Stahl and Sies, 2007). Algae can 45 also prevent UV damage using polyphenols which help dissipate light energy (Goss and Jakob, 2010; Hanelt and Figueroa, 2012) and reduce DNA damage (Gómez and 46 47 Huovinen, 2010); they can decrease metal toxicity by chelating metal ions (Connan et 48 al., 2004; Stengel et al., 2005) and they are effective chemical defences against a wide 49 range of herbivores (Steinberg and Van Altena, 1992).

50 In stressful conditions, phenolics can be released from algal thalli and react rapidly 51 with proteins and carbohydrates to form UV-absorbing exudates (Koivikko et al., 2005; 52 Celis-Plá et al., 2014a). Phenol content can vary in response to environmental changes 53 in factors such as salinity, nutrients, light, and herbivory (Abdala-Díaz et al., 2006; 54 Celis-Plá et al., 2014b). Brown algal phenols have been investigated for their medical 55 benefits, including anti-inflammatory and hyaluronidase inhibitory activities (Vinay and 56 Kim, 2012). A range of brown algal compounds are used in products as antioxidants 57 Ahn et al., 2007) and for purported benefits as photoprotectors, as antiplasmin 58 inhibitors, to reduce allergies, for skin whitening, anti-HIV-1, antibacterial, and 59 anticancer activities (Sugiura et al., 2007; Artan et al., 2008; Le et al., 2009; Heo et al., 60 2010).

61 Here, we studied Cystoseira tamariscifolia (Hudson) Papenfuss, (Phaeophyceae, 62 Fucales) which can be abundant in waters of high ecological status in the Mediterranean, according to the criteria of Water Framework Directive of the European 63 64 Union (WFD, 2000/60/EC), and it is used as an indicator of waters with high water 65 quality (Ballesteros et al., 2007, Arévalo et al., 2007, Bermejo et al., 2013). In addition, 66 C. tamariscifolia was selected since it provides habitat for other species in the 67 Mediterranean Sea (Bermejo et al., 2013). We used the following well established suite 68 of physiological indicators to seasonally evaluate C. tamariscifolia on intertidal rocky shores (according to Figueroa and Korbee, 2010): the C: N stoichiometric ratio as an 69 70 indicator of nutritional status and phenolic content (Celis-Plá et al., 2014a). Maximum 71 quantum yield of PSII (F_v/F_m) was used to determine photoinhibition and the

physiological status of the macroalga (Schreiber et al. 1986). Electron transport rate (ETR) was used to estimate of photosynthetic capacity (Figueroa et al., 2003). In addition, we examined the cell ultrastructure of *C. tamariscifolia* in summer by using both light and transmission electron microcopy to determine the location of phenolic compounds.

Our aim was to assess seasonal variability in photosynthetic production and of
commercially valuable compounds in *C. tamariscifolia* to inform potential exploitation
of these resources. We also investigated seasonal variations in photosynthetic activity,
polyphenol content and antioxidant activity.

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83 MATERIALS AND METHODS

84 Sampling

Nine *Cystoseira tamariscifolia* thalli were collected at least 2 m apart at 0.1-0.4 m above Chart Datum at 10 am local time monthly from July 2012 to June 2014 in summer, autumn, winter and spring. The samples were collected from rocky shores on La Araña beach, Malaga, Spain (36° 45'N, 4° 18'W). Live material was transported in cooled containers and samples were frozen *in situ* using liquid nitrogen for biochemical analyses. Photographs of the habitat were taken in spring, summer, autumn and winter. A representative image for each season of the intertidal area is shown in Figure 1.

92

93 Abiotic parameters

94 Photosynthetically active radiation (PAR, λ =400-700 nm), Ultraviolet A radiation 95 $(\lambda = 320-400 \text{ nm})$ and Ultraviolet B radiation $(\lambda = 280-320 \text{ nm})$ were measured using an UV-PAR Multifilter radiometer NILU-6 (Geminali AS, Oslo, Norway) on the roof of 96 97 the building of Central Services for Research support (SCAI, University of Malaga) located 14 km from the algal collection site. Seawater temperature was logged every 98 99 minute at a monitoring station (REDCOS buoy number 1514) located at 36° 42'N, 4° 19'W. Seawater nitrate (μ mol L⁻¹), ammonium (μ mol L⁻¹), phosphate (μ mol L⁻¹) and N: 100 P ratio data were obtained from Ramírez et al. (2005) and Mercado et al. (2007, 2012) 101 102 from 36° 60'N, 4° 10'W.

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104 Histology

105 Macroalgal tissue samples ca 5 mm in length were collected in summer 2013 for 106 Transmission Electron Microscopy, and there were fixed with 2.5% glutaraldehyde, 107 2.0% paraformaldehyde, and 5 mM CaCl₂ in 0.075 M sodium cacodylate buffer (pH 108 7.2) plus 0.2 M sucrose and caffeine 1% overnight. The material was then fixed with 109 1% osmium tetroxide for 4 hours, dehydrated in a graded acetone series and embedded 110 in Spurr's resin. Thin sections were stained with aqueous uranyl acetate followed by 111 lead citrate. Four replicates were made for each experimental group; two samples per 112 replicate were then examined under TEM (JEM 1011 JEOL Ltd., Tokyo, Japan, at 80 113 kV).

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115 Biochemical variables

116 The dry weight of algal carbon and nitrogen contents was determined using an element analyzer (model CNHS-932, LECO Corporation, Michigan, USA). Polyphenol 117 118 concentrations were measured using 0.25 g fresh weight samples pulverized in a pestle 119 and mortar with sea-sand using 2.5 mL of 80% methanol. This mixture was stored 120 overnight at 4°C then centrifuged at 4000 rpm for 15 min at 4°C and the supernatant was 121 collected to measure the phenolic compound content colourimetrically using Folin-122 Ciocalteu reagent. Phloroglucinol (1,3,5-trihydroxybenzene, Sigma P-3502) was used as 123 standard. Finally, the absorbance was determined at 760 nm using a Shimadzu UVMini-1240 spectrophotometer (Celis-Plá et al. 2014a). Phenolic concentration was expressed 124 as mg g^{-1} dry weight after determining the fresh to dry weight ratio in the tissue (the 125 ratio was 5.6). The results are expressed as average \pm Standard Error from 9 replicates. 126

The antioxidant activity DPPH (2,2-diphenyl-1-picrylhydrazyil) assay (i.e. EC₅₀) 127 128 according to Blois (1958) was estimated by reducing the stable free radical DPPH. The 129 supernatant used for phenolic compound measurements was used for DPPH analysis; 130 150 µL of DPPH were added to each extract. This solution of DPPH was prepared in 90% methanol (90MeOH: 10H2O) in 20 mL to concentration 1.27 mM. The reaction 131 132 was complete after 30 min in a dark room at ~20° C and the absorbance was read at 517 133 nm in a spectrophotometer (UVMini-1240 model, Shimadzu, Columbia, USA). A 134 calibration curve made with DPPH was used to calculate the remaining concentration of 135 DPPH in the reaction mixture after incubation. Values of DPPH concentration (mM) were plotted against plant extract concentration (mg DW mL⁻¹) to obtain the oxidation 136 index EC₅₀, which represents the concentration of the extract, expressed as mg DW 137

mL⁻¹, required to scavenge 50% of the DPPH in the reaction mixture. Ascorbic acid was
used as positive control (Celis-Plá et al., 2014b).

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1 Photosynthesis and energy dissipation as in vivo chlorophyll a fluorescence

142 In vivo chlorophyll a fluorescence by Photosystem II was determined using a 143 portable pulse amplitude modulated fluorometer (Diving-PAM, Walz GmbH, 144 Germany). Apical pieces of macroalgal thalli were put in 10 mL incubation chambers to 145 obtain rapid light curves for each treatment. F_{o} and F_{m} were measured after 15 minutes 146 in darkness to obtain the maximum quantum yield (F_v/F_m) being $F_v=F_m-F_o$, F_o the basal fluorescence of 15 min dark adapted thalli and $F_{\rm m}$ maximal fluorescence after a 147 saturation light pulse of >4000 μ mol m⁻² s⁻¹, with a few seconds of the duration 148 149 (Schreiber et al., 1995). The electron transport rate (ETR) was determined after 20 s 150 exposure in twelve increasing irradiances of actinic white light (halogen lamp provided 151 by the Diving-PAM) (Celis-Plá et al., 2014a). The ETR was calculated as follows 152 (Schreiber et al., 1995):

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$$ETR \ (\mu mol \ electrons \ m^{-2} \ s^{-1}) = \Delta F/F'_m \times E \times A \times F_{II}$$
(1)

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156 where $\Delta F/F'm$ is the effective quantum yield, being $\Delta F = Fm'-Ft$ (Ft is the intrinsic 157 fluorescence of alga incubated in light and Fm' is the maximal fluorescence reached 158 after a saturation pulse of algae incubated in light), E is the incident PAR irradiance expressed in unol photons m^{-2} s⁻¹. A is the thallus absorptance as the fraction of 159 incident irradiance that is absorbed by the algae (Figueroa et al., 2003) and F_{II} is the 160 161 fraction of chlorophyll related to PSII (400-700 nm) being 0.8 in brown macroalgae 162 (Figueroa et al., 2014a). ETR parameters as maximum electron transport rate (ETR_{max}) 163 and the initial slope of ETR versus irradiance function (α_{ETR}) as estimator of photosynthetic efficiency were obtained from the tangential function (Eilers and 164 Peeters, 1988). Finally, the saturation irradiance for ETR (Ek_{ETR}) was calculated from 165 166 the intercept between ETR_{max} and α_{ETR} . Non-photochemical quenching (NPQ) was 167 calculated as (Schreiber et al., 1995):

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$$NPQ = (Fm - Fm')/Fm'$$
(2)

171 Maximal NPQ (NPQ_{max}) and the initial slope of NPQ *versus* irradiance function 172 (α_{NPQ}) were obtained from the tangential function of NPQ *versus* irradiance (Eilers and 173 Peeters, 1988).

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175 Statistical analyses

176 Pearson correlation coefficients were calculated and tested between all measured 177 dependent variables. Interactive effects between physiological variables were analyzed 178 using ANOVA (according to Underwood, 1997). This test was performed for C. 179 tamariscifolia including year and season (two-way) as fixed factors for biochemical 180 variables (mean \pm SE, n=9) and season (one-way) with four levels, for the photosynthetic variables (mean \pm SE, n=9), with a level of probability applied in the 181 182 statistical analyses at P < 0.05. Homogeneity of variance was tested using Cochran tests 183 and by visual inspection of the residuals. Student Newman-Keuls tests (SNK) were 184 performed after significant ANOVA interactions. All data conformed to homogeneity of 185 variance. Analyses were carried out using SPSS v.21 (IBM, USA). The general 186 variation patterns between biochemical variables measured in C. tamariscifolia were 187 explored using a multivariate approach. A Principal Coordinates Analysis (PCO) was 188 performed for this purpose on the basis of Euclidean distance using PERMANOVA+ 189 for PRIMER6 package (Anderson et al. 2008). Such multivariate ordination was used 190 because it allowed for investigating the variation of the content of biochemical 191 compounds at the same time by looking at the ordination plot. Each one of variables 192 was represented by an arrow in the ordination plot pointing to the samples that showed 193 the highest amount of that particular compound. Each replicate represented the content 194 of all compounds calculated from the three thalli taken at one sampling for each month 195 and grouped for season.

- 196
- 197 **RESULTS**

198 Environmental conditions

199 *Cystoseira tamariscifolia* was abundant in all seasons whereas *Ulva rigida* 200 (Chlorophyta) was only abundant in the summer. More *C. tamariscifolia* was present in 201 spring in respect to other species such as e.g., *Ellisolandia elongata* (Figure 1). The 202 seawater temperature ranged from 14-23°C (Table 1) with a peak summer average daily 203 irradiance of *ca*. 10165 kJ m⁻² for PAR, 1051 kJ m⁻² for UVA and 57.5 kJ m⁻² UVB 204 (Figure 2A-C). Seasonal nitrate (NO₃⁻) concentrations ranged from 0.6-1.5 mg L⁻¹ in

205 this coastal area according to Ramírez et al. (2005) and Mercado et al. (2007 and 2012). 206 Seawater nitrate concentrations are approximately 2.5 times higher in winter and spring than in summer and autumn (Table 1). Ammonium (NH_4^+) varied through the year from 207 0.1 to 0.5 mg L^{-1} and was 2.7 times higher in summer than in autumn and winter, 1.4 208 times higher than in spring (Table 1). The phosphate (PO_4^{3-}) concentration varied little 209 210 $(0.12 \text{ to } 0.15 \text{ mg L}^{-1})$ in all seasons (Table 1). Chlorophyll *a* concentrations were highest in spring with 1.45 mg L^{-1} and lowest in summer with 0.92 mg L^{-1} , respectively (Table 211 212 1).

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214 Morphological observations

The cortical cells of *C. tamariscifolia* had numerous chloroplasts (Figure 3A) and physodes with a thick cell wall (Figures 3A and C) that was embedded with phenolic compounds (Figure 3B). Mitochondria were associated with the chloroplasts (Figure 3D) which had the typical internal organization of brown algae with thylakoids aggregated in bands (Figure 3D). Lipid droplets (plastoglobuli) were situated between the thylakoids (Figure 3D) and there were plasmodesmata cell connections (Figure 3E).

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222 Biochemical responses

223 Principal Coordinates Analysis (PCO) (Figure 4) revealed a positive correlation of 224 the first axis (43.8% of total variation) with the internal N content. In contrast, the ratio 225 C:N, antioxidant activity and phenolic compounds were negatively correlated with this 226 axis. Seasonality had a marked effect upon these factors (Figure 4). Moreover, the 227 combination of the first two axes explained the 79.5% of the variation in these variables 228 (Figure 4). The small angles between the arrows are indicative of high correlation 229 between the variables. The carbon and nitrogen contents of C. tamariscifolia were 230 significantly higher in winter and spring and the C: N ratio was significantly lower in winter (Figure 5, Table 3). Phenol content and antioxidant activity (i.e. less EC_{50}) were 231 significantly higher in spring (Figure 6, Table 3). 232

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234 Physiological responses

235 The F_v/F_m ratio was not significantly affected by season, although it tended to be 236 higher in winter. Maximal electron transport rate (ETR_{max}) was highest in spring and 237 photosynthetic efficiency (α_{ETR}) was significantly lower in winter (Tables 2 and 4). The 238 irradiance of saturation of curve (Ek_{ETR}) was not significantly affected by season, but

239 tended to be higher in winter and spring. The highest non-photochemical quenching 240 (NPQ_{max}) occurred winter, although no statistically significant seasonal differences were 241 found (Tables 2 and 4). The irradiance of saturation of non-photochemical quenching 242 (Ek_{NPO}) was significantly higher in autumn and the ratio ETR_{max} (production): NPQ_{max} 243 (photoprotection) was highest in spring (Tables 2 and 4). Positive correlations between 244 phenolic compounds and antioxidant activity and between antioxidant activity and 245 nitrogen internal content, through all seasons, were found. There was also a positive 246 correlation between EC₅₀, ETR_{max} and photosynthetic efficiency (Table S1). The 247 absorptance tended to be higher in winter and spring. ETR_{max} and phenolic content was 248 also positively correlated.

249

250 **DISCUSSION**

We found that as the short days of winter lengthened into spring this stimulated an 251 252 upsurge in photoprotectors, antioxidants, and productivity in *Cystoseira tamariscifolia* 253 as the algae laid down stores of nitrogen and carbon. The phenol and antioxidant 254 capacity of this seaweed fell in summer which we attribute to nutrient depletion as the 255 sea surface waters became gradually more oligotrophic due to thermal stratification. Our 256 analyses of nitrogen and carbon contents revealed nutrient limitation in summer and 257 autumn. This seaweed accumulated nitrogen during winter and spring as a reservoir for 258 periods of the high irradiance when photoprotective mechanisms are most needed 259 (Figueroa et al., 2014b; Celis-Plá et al., 2014a). Increased photosynthetic activity can 260 enhance the accumulation of phenolic compounds in C. tamariscifolia as reported in 261 other brown algae (Pavia and Toth 2000) as well as in the green alga Ulva rigida 262 (Cabello-Pasini et al. 2011).

263 We attribute declining phenolic content in C. tamariscifolia in the summer to light 264 damage when both PAR and UV radiation peaks (Stengel et al., 2014). Phenol release 265 increases at noon in summer daily cycles (Abdala-Díaz et al., 2006). High PAR 266 irradiances and emersion have been associated with increasing phlorotannin release 267 rates (Ragan and Jensen 1978; Carlson and Carlson 1984). Celis-Plá et al., (2014a) also 268 found a higher release rate of polyphenols form C. tamariscifolia in outdoor 269 experiments in summer compared to winter. Phenolic compounds released from the 270 thalli into the seawater can react rapidly with both proteinaceous and carbohydrate 271 substances to form UV-absorbing complexes (Swanson and Druehl 2002; Koivikko et 272 al., 2005). Release of phenolic compounds is thought to be a photoprotection

273 mechanism due to the transient reduction of UV penetration favored by the 274 accumulation of excreted phenols in the cell wall. Defense against epiphytic algae and 275 bacteria (Koivikko et al., 2005). Karban and Baldwin (1997) is thought to be an indirect 276 effect of excreted phlorotannins in algae which are released into the water when algae 277 are grazed.

278 The positive correlation between phenolic compounds and C content with maximal 279 ETR indicates a coupling between photosynthesis and carbon accumulation with 280 secondary metabolism (the accumulation of inducible UV photoprotective compounds 281 as polyphenols under stress conditions). In spring, photosynthetic energy can be used 282 for both accumulation of carbon compounds to store energetic and to build up photoprotective compounds. In contrast, antioxidant carotenoids and polyunsaturated 283 284 fatty acids accumulate in stressful conditions and decreased photosynthetic activity (Stengel et al., 2011; Sharma et al., 2012). Here we found that phenolic compounds 285 286 were directly related to maximal photosynthetic productivity (ETR_{max}). The 287 accumulation of phenols in C. tamariscifolia under increased PAR and UV irradiances 288 has previously been reported (Abdala-Díaz et al., 2006; Figueroa et al., 2014a). C. 289 tamariscifolia acclimates to high UVB by up-regulating UV screen substances that also 290 act as antioxidants (Figueroa et al., 2014a). Connan et al., (2004) showed that mid-shore 291 brown algae (such as Fucus spiralis, F. vesiculosus, Ascophyllum nodosum) tend to 292 have higher phenol content and antioxidant activity than those found in the low 293 intertidal or sublittoral zone (such as F. serratus, Bifurcaria bifurcata, Himathalia 294 elongata and Laminaria digitata) and suggest that this is to protect them against the 295 higher UV irradiance levels of the mid shore.

296 Where nutrient levels permit, brown algal phenols are stimulated by high light 297 levels (Pavia and Brock, 2000) but peak phenol content is often not found in summer 298 since nitrate concentrations can become limiting (Pavia and Åberg, 1996). This 299 certainly seems true for C. tamariscifolia which has higher phenolic contents when 300 nitrates are most abundant (Celis-Plá et al., 2014b). We found that C. tamariscifolia 301 phenol content peaked in spring at about 5-7.0% which is within the range of the 302 highest levels found in brown algae from northwest Europe (Pavia and Åberg, 1996; 303 Connan et al., 2004) and in *Cystoseira* spp. from other areas of Mediterranean sea 304 (Abdala-Díaz et al., 2006; Celis-Plá et al., 2014b and 2015). Phenol-rich vesicles, 305 known as physodes, were mainly located in cortical cells, as is the case in other 306 seaweeds (Schoenwaelder, 2008; Gómez and Huovinen, 2010). This location provides

307 photoprotection of cytoplasmic organelles and nuclei form both cortical and medullar 308 cells (Schoenwaelder, 2008). In C. tamariscifolia, phenols are accumulated 309 preferentially at the apices (Abdala-Díaz et al., 2014), i.e., the part of the thalli with 310 highest light exposure. In our study, in order to avoid the heterogeneity of the phenolic 311 content in the thalli, samples were always collected form the apical part. Phenolic 312 compounds found in C. tamariscifolia can be related to photoprotective mechanisms, 313 decreasing the negative effect of increased UVB radiation (Figueroa et al., 2014a). 314 Higher phenol levels occur in brown algae from Southern Chile despite local high light 315 and nutrient levels (Gómez and Huovinen, 2010). These differences can be attributed to 316 higher irradiance in south Spain compared to that of Southern Chile.

317 *Cystoseira tamariscifolia* collected in summer, spring and winter had higher NPQ 318 values than those collected in autumn indicating active photoprotective mechanisms 319 related to the xanthophyll cycle (Demmig-Adams and Adams, 2006). Maximal 320 photosynthetic capacity (i.e. ETR_{max}) and photosynthetic efficiency (i.e. α_{ETR}) were 321 highest in spring when high daily PAR (*ca.* 102.72 MJm⁻²) favored more photosynthetic 322 activity than in winter and autumn (*ca.* 51.5 MJm⁻²). This indicates that the productivity 323 of *C. tamariscifolia* peaks in spring.

324 Antioxidant, photoprotective, antiplasmin, antiallergic, antiviral antibacterial and 325 anticancer properties have all been reported in brown algae (Sugiura et al., 2007; Artan 326 et al., 2008; Heo et al., 2010). Several seaweed chemicals, such as phloroglucinols from 327 Ecklonia cava, are widely used in Asian medicines, foods and cosmetics (Le et al., 328 2009). The exploitation of these natural resources requires an evaluation of the biomass 329 and content of the algal compounds through the time (Stengel et al., 2011). The seasonal 330 variations in the biochemical composition and physiology of C. tamariscifolia can 331 inform management in this species. Spring would be the best period to harvest C. 332 tamariscifolia to extract photoprotectors and antioxidants for commercial products, 333 although the environmental impacts would need to be carefully assessed. Poorly 334 managed harvesting of macroalgae can seriously impact natural populations (Stagnol et 335 al., 2013) so any exploitation would require impact assessments prior to licensing 336 managed activities.

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341 CONCLUSIONS

In *C. tamariscifolia* photosynthetic production peaked in spring when light levels temperature and nutrients were optimal for building up stores of phenols and antioxidants. In summer photoinhibition and low nutrients stressed the *C. tamariscifolia*.

Any harvesting of this seaweed as a source of phenolic with antioxidant capacity would be best carried out in spring when these chemicals peak in abundance. Further work would be needed to establish protocols for the harvesting of *C. tamariscifolia* to avoid adverse environmental impacts.

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351 ACKNOWLEDGMENTS

This work was supported by the Junta de Andalucía (Project RNM-5750) and by the research group RNM-295. Paula S. M. Celis-Plá gratefully acknowledges financial support from "Becas-Chile" (CONICYT) fellowship of doctorate of the Ministry of Education of the Republic of Chile.

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Table 1. Seasonal changes in surface seawater temperature (mean \pm SE, n=2144) according to REDCOS buoy (number 1514) and salinity, nitrate, ammonium, phosphate and N: P ratio (mean values \pm SE, n=180) in Málaga bay (Southern Spain) according to Ramirez et al. (2005) and Mercado et al. (2007, 2012).

	Units	Summer	Autumn	Winter	Spring
Temperature	°C	18.91 ± 2.09	17.81 ± 1.66	14.88 ± 0.45	15.91 ± 1.14
Salinity		36.87 ± 0.29	36.72 ± 0.34	36.93 ± 0.28	37.14 ± 0.45
Nitrate	µmol L ⁻¹	0.58 ± 1.07	0.62 ± 0.77	1.52 ± 1.07	1.59 ± 1.44
Ammonium	μ mol L ⁻¹	0.53 ± 0.75	0.19 ± 0.27	0.18 ± 0.10	0.35 ± 0.20
Phosphate	μ mol L ⁻¹	0.12 ± 0.08	0.14 ± 0.01	0.14 ± 0.05	0.15 ± 0.09
N:P molar ratio		4.3 ± 6.6	7.4 ± 10.9	13.4 ± 12.3	16.0 ± 21.3
Chlorophyll a	μ mol L ⁻¹	0.92 ± 0.69	1.21 ± 0.94	1.22 ± 1.14	1.45 ± 0.99

Table 2. Photosynthetic physiology of Cystoseira tamariscifolia collected in La Araña 564 565 beach near Málaga (Southern Spain) in summer, autumn, winter and spring 2013-2014. Maximal quantum yield (F_v/F_m) , maximal electron transport rate (ETR_{max}, expressed in 566 μ mol electrons m⁻² s⁻¹), photosynthetic efficiency (α_{ETR}), irradiance of saturation of 567 ETR (Ek_{ETR}) expressed in µmol photons m⁻² s⁻¹, maximal non-photochemical quenching 568 (NPQ_{max}), irradiance of saturation of NPQ (Ek_{NPQ}) expressed in μ mol photons m⁻² s⁻¹ 569 and ETR_{max}/NPQ_{max} ratio (mean \pm SE, n=9). Lower-case letters denote significant 570 571 differences after SNK test.

		Cystoseira ta	mariscifolia	
	Summer	Autumn	Winter	Spring
Fv/Fm	0.71 ± 0.01	0.71 ± 0.02	0.69 ± 0.02	0.71 ± 0.01
ETR_{max}	52.18 ± 3.39^{a}	53.01 ± 2.23^{a}	$55.14\pm4.29^{\rm a}$	70.65 ± 6.58^{b}
α_{ETR}	0.41 ± 0.02^{b}	0.39 ± 0.01^{b}	0.27 ± 0.01^{a}	0.36 ± 0.03^{b}
Ek_{ETR}	137.95 ± 0.06	136.52 ± 17.81	235.64 ± 49.84	272.38 ± 84.51
NPQ_{max}	1.39 ± 0.11	1.27 ± 0.16	1.61 ± 0.18	1.38 ± 0.14
Ek_{NPQ}	301.28 ± 33.22^{ab}	395.56 ± 48.98^{b}	190.99 ± 27.83^{a}	295.61 ± 66.12^{ab}
ETR _{max} /NPQ _{max}	42.32 ± 4.91	52.14 ± 15.68	38.77 ± 3.93	61.96 ± 7.43
Absorptance	0.76 ± 0.04	0.77 ± 0.02	0.83 ± 0.02	0.79 ± 0.02

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Table 3. Seasonal and annual effects on the carbon, nitrogen, C:N ratio, phenolic compounds and antioxidant activity (EC₅₀) of *Cystoseira tamariscifolia* collected in 2012-2014 on a rocky shore near Málaga, southern Spain. Significant differences at P <0.05 are shown in bold.

			Cystoseira tamariscifolia				
		Df	MS	F	P		
Carbon	Year	1	81.83	0.40	0.53		
	Season	3	928.75	4.52	< 0.01		
	Year*Season	3	201.34	0.98	0.41		
	Res	64	205.41		/		
Nitrogen	Year	1	15.11	1.59	0.21		
-	Season	3	163.24	17.14	<0.01		
	Year*Season	3	12.49	1.31	0.28		
	Res	64	9.52				
Ratio C:N	Year	1	9.83	1.54	0.22		
	Season	3	81.43	12.76	<0.01		
	Year*Season	3	11.12	1.74	0.17		
	Res	64	6.38				
Phenolic	Year	1	188.25	2.04	0.16		
compounds	Season	3	1763.93	19.11	<0.01		
	Year*Season	3	1576.40	17.07	<0.01		
	Res	64	92.33				
EC_{50}	Year	1	0.00	0.47	0.49		
	Season	3	0.04	4.31	<0.01		
	Year*Season	3	0.02	1.86	0.15		
	Res	64	0.01				

Table 4. Seasonal effects on *Cystoseira tamariscifolia* photosynthesis on a rocky shore near Málaga in 2013-2014; maximal quantum yield (F_v/F_m) , maximal electron transport rate (ETR_{max}), photosynthetic efficiency (α_{ETR}), irradiance of saturation of ETR (Ek_{ETR}), maximal non-photochemical quenching (NPQ_{max}), irradiance of saturation of NPQ (Ek_{NPQ}) and relationship between *ETR_{max}/NPQ_{max}*. Significant differences at *P*< 0.05 are shown in bold.

		Cystoseira tamariscifolia			
		df	MS	F	P
Fv/Fm	Season	3	0.00	0.19	0.90
	Res	32	0.00		
ETRmax	Season	3	680.4	3.8618	0.02
	Res	32	176.2		
α_{ETR}	Season	3	0.03	5.61	<0.01
	Res	32	0.01		
Ek _{ETR}	Season	3	42939.9	1.91	0.15
	Res	32	22502.1		
NPQ _{max}	Season	3	0.18	0.82	0.49
	Res	32	0.21		
Ek _{NPO}	Season	3	62901.2	3.23	0.04
~	Res	32	19464.4		
ETR _{max} /NPQ _{max}	Season	3	691.3	0.90	0.45
	Res	32	767.9		
Absorptance	Season	3	0.01	1.95	0.14
	Res	32	0.00		

616 Figure captions

Figure 1. La Araña rocky shore in southern Spain showing high perennial coverage of
the brown alga Cystoseira tamariscifolia and spring/summer blooms of Ulva spp. in
2013.

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Figure 2. Daily integrated irradiance per month in the period 2012-2014 of A) PAR
(400-700 m), B) UVA (320-400 nm) and C) UVB (280-320 nm) in the NILU UV6
station located in the roof Central Services for Research building (University of
Malaga).

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Figure 3. Transmission electron microscopy images of *Cystoseira tamariscifolia* from La Araña in summer 2013. A) Cortical cell with many chloroplasts (C), physodes (Ph) and thick cell wall (CW). B) Arrows indicate presence of phenolic compounds in cell wall. C) Detail of physodes in cortical cell. D) Chloroplast with plastoglobuli (P) and associated mitochondria (M). E) Detail of plasmodesmata (arrows).

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Figure 4. PCO diagram in relation to Season (spring, summer, autumn and winter). Vectors overlay (Spearman rank correlation) indicates the relationship between the PCO axes and the ecophysiologycal variables; C, N: internal conten and C:N ralitionship, respectively, PC: phenolic compounds and AA: such as $1/EC_{50}$ antioxidant axtivity, in the time.

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Figure 5. A) Carbon and B) Nitrogen contents expressed as mg g^{-1} DW and C) C:N ratio of *Cystoseira tamariscifolia* in summer, autumn, winter and spring.

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Figure 6. A) Phenolic compounds (expressed as mg g^{-1} DW) and B) Antioxidant activity (EC₅₀; expressed as mg DW mL⁻¹) to *Cystoseira tamariscifolia* through the season (summer, autumn, winter and spring).

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Seasonal biochemical and photophysiological responses in the intertidal macroalga *Cystoseira tamariscifolia* (Ochrophyta).

Paula S.M. Celis-Plá, Zenilda L. Bouzon, Jason M. Hall-Spencer, Eder C. Schmidt, Nathalie Korbee and Félix L. Figueroa.

Highlights

- Monitoring of the seasonal changes in the biochemistry and photophysiology of the brown macroalga *Cystoseira tamariscifolia*.
- The increased irradiance in spring enhanced the algal productivity, antioxidant activity and the production of photoprotective compounds.
- The monitoring for the best period to harvest *Cystoseira tamariscifolia* to extract potential commercial uses could be in spring.

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