

2016-12

# Optimising self-care support for people with heart failure and their caregivers: development of the Rehabilitation Enablement in Chronic Heart Failure (REACH-HF) intervention using intervention mapping

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<http://hdl.handle.net/10026.1/18801>

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10.1186/s40814-016-0075-x

Pilot and Feasibility Studies

Springer Science and Business Media LLC

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