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Health and wellbeing outcomes and social prescribing pathways in communitybased support for autistic adults: A systematic mapping review of reviews

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Health and Social Care in the Community

Wiley

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Outcomes Evaluated in Reviews and Studies

Outcomes	Reviews	Studies
Mental health		
Depression	7 to 10	1 to 3
Generalised anxiety/worry	4 to 6	1 to 3
Stress/coping	4 to 6	0
Self-esteem/confidence	7 to 10	1 to 3
Loneliness	7 to 10	0
Social anxiety	4 to 6	1 to 3
Phobias	1 to 3	1 to 3
OCD	1 to 3	1 to 3
Physical health		
Physical disability	0	0
Physical activity level	0	0
Other physical health	1 to 3	0
Quality of life/functioning		
Quality of life	11 to 14	0
Wellbeing/affect	7 to 10	0
Activities of daily living/disability	1 to 3	0
Adaptive functioning	7 to 10	1 to 3
Executive functioning/problem solving	7 to 10	1 to 3
Self-efficacy/self-determination	4 to 6	0
Self-advocacy/autism knowledge	1 to 3	0
Wider health correlates		
Employment-related outcomes	11 to 14	4 to 6
Social support/participation	11 to 14	1 to 3
Accommodation	1 to 3	1 to 3
Autism-related outcomes		
General/diagnostic	11 to 14	0
Mentalising	11 to 14	1 to 3
Social skills/communication	15+	1 to 3
Sensory	0	0
Behavioural	11 to 14	1 to 3
Cognitive (e.g. IQ)	7 to 10	1 to 3
Other		
Academic	4 to 6	1 to 3
Social interaction quality/quantity	11 to 14	1 to 3
ADHD symptoms	1 to 3	0
Health service use	0	1 to 3
Intervention characteristics		
Satisfaction	7 to 10	4 to 6
Generalisation	7 to 10	1 to 3
Maintenance	7 to 10	1 to 3
Cost-effectiveness	1 to 3	4 to 6
Quality of training for providers	1 to 3	1 to 3
Qualitative		
Qualitative	1 to 3	0

Legend

Number of articles

0

1 to 3

4 to 6

7 to 10

11 to 14

15+