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Physical activity and the prevention, reduction, and treatment of alcohol and other drug use across the lifespan (The PHASE review): A systematic review

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Supplementary File 1 – Risk of Bias Tables

Risk of bias was assessed using the Cochrane Risk of Bias Tool v2 (Higgins et al., 2016) and the ROBINS-I (Sterne et al., 2016) tool for randomised and non-randomised studies, respectively.

Table 1 Risk of bias (Cochrane Risk of Bias Tool v2) for randomised prevention studies

Study	Bias arising from the randomisation process	Bias due to deviations from the intended interventions (effect of adhering to the intervention)	Bias due to missing outcome data	Bias in measurement of the outcome	Bias in the selection of the reported result	Overall
(Butzer, LoRusso, Shin, & Khalsa, 2017)	SC	SC	L	H	SC	H
(Velicer et al., 2013)	L	SC	L	H	SC	H
(Werch et al., 2003)	L	SC	L	SC	SC	SC

L=low risk of bias; SC=some concerns over risk of bias; H=high risk of bias

Table 2 Risk of bias (ROBINS-I) for non-randomised studies prevention studies

Study	Bias Due to confounding	Bias in selection of participants into the study	Bias in classification of interventions	Bias due to deviation from intended interventions	Bias due to missing data	Bias in measurement of outcomes	Bias in selection of the reported result	Overall
(Collingwood, Reynolds, Kohl, Smith, & Sloan, 1991)	S	M	M	M	S	M	L	S
(Collingwood, Sunderlin, Reynolds, & Kohl 3rd, 2000)	S	L	M	M	S	M	L	S

L=low risk of bias; M=moderate risk of bias; S=severe risk of bias; C=critical risk of bias

Table 3 Risk of bias (Cochrane Risk of Bias Tool v2) for randomised reduction studies

Study	Bias arising from the randomisation process	Bias due to deviations from the intended interventions	Bias due to missing outcome data	Bias in measurement of the outcome	Bias in the selection of the reported result	Overall
(Murphy, Pagano, & Marlatt, 1986)	SC	H	H	SC	L	H
(Correia, Benson, & Carey, 2005)	SC	SC	L	SC	L	SC
(Reddy, Dick, Gerber, & Mitchell, 2014)	SC	SC	SC	SC	L	SC
(Weinstock, Capizzi, Weber, Pescatello, & Petry, 2014)	SC	SC	L	SC	L	SC
(Weinstock, Petry, Pescatello, & Henderson, 2016)	L	SC	L	SC	L	SC

L=low risk of bias; SC=some concerns over risk of bias; H=high risk of bias

Table 4 Risk of bias (ROBINS-I) for non-randomised studies reduction studies

Study	Bias Due to confounding	Bias in selection of participants into the study	Bias in classification of interventions	Bias due to deviation from intended interventions	Bias due to missing data	Bias in measurement of outcomes	Bias in selection of the reported result	Overall
(Georgakouli et al., 2017)	S	M	C	C	S	M	C	C
(Oaten & Cheng, 2006)	S	S	M	L	L	S	S	S
(Scott & Myers, 1988)	S	S	S	M	M	M	S	S

L=low risk of bias; M=moderate risk of bias; S=severe risk of bias; C=critical risk of bias

Table 5 Risk of bias (Cochrane Risk of Bias Tool v2) for randomised treatment studies

Study	Bias arising from the randomisation process	Bias due to deviations from the intended interventions	Bias due to missing outcome data	Bias in measurement of the outcome	Bias in the selection of the reported result	Overall
(Brown et al., 2014)	L	SC	L	SC	L	SC
(Colledge et al., 2017)	SC	SC	L	SC	L	SC
(Cutter et al., 2014)	SC	SC	L	L	L	SC
(De La Garza et al., 2016)	SC	L	L	L	SC	SC
(Donaghy, 1997)	L	SC	H	L	L	H
(Hallgren, Romberg, Bakshi, & Andréasson, 2014)	SC	SC	SC	SC	H	H
(Rawson et al., 2015)	L	SC	L	L	L	SC
(Roessler et al., 2017)	L	SC	SC	SC	H	H
(Shaffer, Lasalvia, & Stein, 1997)	H	H	H	SC	H	H
(Trivedi et al., 2017)	L	SC	L	L	SC	SC

L=low risk of bias; SC=some concerns over risk of bias; H=high risk of bias

Table 6 Risk of bias (ROBINS-I) for non-randomised treatment studies

Study	Bias Due to confounding	Bias in selection of participants into the study	Bias in classification of interventions	Bias due to deviation from intended interventions	Bias due to missing data	Bias in measurement of outcomes	Bias in selection of the reported result	Overall
(Abrantes et al., 2017)	S	M	M	M	L	M	L	M
(Brown et al., 2010)	M	M	M	M	M	M	L	M
(Buchowski et al., 2011)	S	S	L	L	L	M	L	S
(Burling, Seidner, Robbins-Sisco, Krinsky, & Hanser, 1992)	S	S	S	S	L	M	L	S
(Giesen, Zimmer, & Bloch, 2016)	S	S	S	S	L	L	L	S
(Mamen, Pallesen, & Martinsen, 2011)	S	S	S	S	S	M	L	S
(Sinyor, Brown, Rostant, & Seraganian, 1982)	S	S	M	S	S	M	L	S
(Weinstock, Barry, & Petry, 2008)	S	S	M	L	L	L	L	S

L=low risk of bias; M=moderate risk of bias; S=severe risk of bias; C=critical risk of bias

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