

2020-09-01

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Cumpstey, AF

<http://hdl.handle.net/10026.1/16387>

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10.1002/14651858.cd013708

Cochrane Database of Systematic Reviews

Wiley

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RevMan: review – rapid; 932220051208313616 (version 2.0)

Status: UNPUBLISHED DRAFT

# Oxygen targets in the intensive care unit during mechanical ventilation for acute respiratory distress syndrome: a rapid review

Editors: Cochrane Emergency and Critical Care Group

Contact Person: Andrew F Cumpstey (a.cumpstey@soton.ac.uk)

Critical Care Research Group

University Hospital of Southampton

Tremona Road

Southampton

Hampshire

SO16 6YD

UK

Andrew F Cumpstey [[1](#)]

Alex H Oldman [[2](#)]

Andrew F Smith [[3](#)]

Daniel Martin [[4](#)]

Michael PW Grocott [[5](#)]

[1] Critical Care Research Group, University Hospital of Southampton, Southampton, UK

[2] Anaesthetics and Intensive Care, Queen Alexandra Hospital, Portsmouth Hospitals NHS Trust, Portsmouth, UK

[3] Department of Anaesthesia, Royal Lancaster Infirmary, Lancaster, UK

[4] Peninsula Medical School, University of Plymouth, Plymouth, UK

[5] Integrative Physiology and Critical Illness Group, Clinical and Experimental Sciences, University of Southampton, Southampton, UK

## Dates

Version published: Issue 10, 2020 (12-10-2020)

Review first published: Issue 9, 2020

Protocol first published: Issue ,

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# Abstract

## Background

Supplemental oxygen is frequently administered to patients with acute respiratory distress syndrome (ARDS), including ARDS secondary to viral illness such as coronavirus disease 19 (COVID-19). An up-to-date understanding of how best to target this therapy (e.g. arterial partial pressure of oxygen (PaO<sub>2</sub>) or peripheral oxygen saturation (SpO<sub>2</sub>) aim) in these patients is urgently required.

## Objectives

To address how oxygen therapy should be targeted in adults with ARDS (particularly ARDS secondary to COVID-19 or other respiratory viruses) and requiring mechanical ventilation in an intensive care unit, and the impact oxygen therapy has on mortality, days ventilated, days of catecholamine use, requirement for renal replacement therapy, and quality of life.

## Search methods

We searched the Cochrane COVID-19 Study Register, CENTRAL, MEDLINE, and Embase from inception to 15 May 2020 for ongoing or completed randomized controlled trials (RCTs).

## Selection criteria

Two review authors independently assessed all records in accordance with standard Cochrane methodology for study selection.

We included RCTs comparing supplemental oxygen administration (i.e. different target PaO<sub>2</sub> or SpO<sub>2</sub> ranges) in adults with ARDS and receiving mechanical ventilation in an intensive care setting. We excluded studies exploring oxygen administration in patients with different underlying diagnoses or those receiving non-invasive ventilation, high-flow nasal oxygen, or oxygen via facemask.

## Data collection and analysis

One review author performed data extraction, which a second review author checked. We assessed risk of bias in included studies using the Cochrane 'Risk of bias' tool. We used the GRADE approach to judge the certainty of the evidence for the following outcomes; mortality at longest follow-up, days ventilated, days of catecholamine use, and requirement for renal replacement therapy.

## Main results

We identified one completed RCT evaluating oxygen targets in patients with ARDS receiving mechanical ventilation in an intensive care setting. The study randomized 205 mechanically ventilated patients with ARDS to either conservative (PaO<sub>2</sub> 55 to 70 mmHg, or SpO<sub>2</sub> 88% to 92%) or liberal (PaO<sub>2</sub> 90 to 105 mmHg, or SpO<sub>2</sub> ≥ 96%) oxygen therapy for seven days.

Overall risk of bias was high (due to lack of blinding, small numbers of participants, and the trial stopping prematurely), and we assessed the certainty of the evidence as very low. The available data suggested that mortality at 90 days may be higher in those participants receiving a lower oxygen target (odds ratio (OR) 1.83, 95% confidence interval (CI) 1.03 to 3.27). There was no evidence of a difference between the lower and higher target groups in mean number of days ventilated (14.0, 95% CI 10.0 to 18.0 versus 14.5, 95% CI 11.8 to 17.1); number of days of catecholamine use (8.0, 95% CI 5.5 to 10.5 versus 7.2, 95% CI 5.9 to 8.4); or participants receiving renal replacement therapy (13.7%, 95% CI 5.8% to 21.6% versus 12.0%, 95% CI 5.0% to 19.1%). Quality of life was not reported.

## **Authors' conclusions**

We are very uncertain as to whether a higher or lower oxygen target is more beneficial in patients with ARDS and receiving mechanical ventilation in an intensive care setting. We identified only one RCT with a total of 205 participants exploring this question, and rated the risk of bias as high and the certainty of the findings as very low. Further well-conducted studies are urgently needed to increase the certainty of the findings reported here. This review should be updated when more evidence is available.

## **Plain language summary**

# **Approaches to guiding oxygen therapy in adult intensive care patients with acute respiratory distress syndrome**

## **Background**

Acute respiratory distress syndrome (ARDS) is a very severe breathing problem with a high mortality rate (chance of dying). It has many potential causes, including viral infections such as COVID-19, and there are no specific treatments for it except for giving patients oxygen via a ventilator (artificial breathing machine) on an intensive care unit, often for long periods of time. However, large amounts of oxygen (either a high concentration of oxygen or

oxygen administered for a long period of time) are associated with increased harm due to other illnesses (e.g. heart attack or stroke).

## What did we want to find out?

We wanted to know whether patients with severe lung problems (ARDS) would do better (including less chance of dying) if they received higher or lower amounts of oxygen whilst they were on a ventilator in intensive care.

## Methods

We searched major medical databases up to 15 May 2020 for clinical trials studying oxygen use in adult patients with ARDS in intensive care units. We only searched for studies with the sickest patients, that is those who needed help with their breathing through a breathing tube that was connected to an artificial breathing machine. We did not restrict the search by language of publication.

In addition to extracting and analysing the data from any studies that met these criteria, we also assessed the risk of bias (fairness) and the certainty (confidence) of the findings.

## Results

We included only one study (205 participants) in the review. Patients with ARDS and receiving oxygen through a breathing tube in an intensive care unit may have a higher chance of death if they receive lower amounts of oxygen compared to receiving much higher amounts of oxygen, but the evidence is very uncertain.

## Certainty of evidence

Our certainty (confidence) in these findings is very low as data were only available from one study that had only a small number of participants, and was stopped earlier than anticipated because of safety concerns. We are therefore unable to definitively say whether giving more or less oxygen to ARDS patients is helpful.

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## Summary of findings

### Summary of findings 1

## Oxygen targets in the intensive care unit during mechanical ventilation for acute respiratory distress syndrome

<b>Patients or population:</b> adult ( $\geq 18$ years of age) patients receiving mechanical ventilation (via either an endotracheal tube or a tracheostomy) for acute respiratory distress syndrome (ARDS) (Berlin definition), including ARDS secondary to COVID-19 or other viruses
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**Settings:** intensive care units in: France

**Intervention:** 'conservative' oxygen target: PaO<sub>2</sub> 55 - 70 mmHg or SpO<sub>2</sub> 88 - 92%

**Comparison:** 'liberal' oxygen target: PaO<sub>2</sub> 90 - 105 mmHg or SpO<sub>2</sub> ≥96%

Outcomes	Anticipated absolute effects (95% CI)		Relative effect (95% CI)	Number of participant (studies)	Certainty of the evidence (GRADE)
	Liberal oxygen target	Conservative oxygen target			
Mortality at longest follow-up (follow-up: 90 days)	304 per 1,000	444 per 1000 (310 to 588)	OR 1.83 (1.03 to 3.27)	201 (1 RCT)	⊕⊕⊕⊕ Very low <sup>a,b</sup>
Number of days ventilated	Mean number of days ventilated was 14.5 days	MD 0.5 days fewer (0.98 fewer to 0.02 fewer)	-	201 (1 RCT)	⊕⊕⊕⊕ Very low <sup>a,b</sup>
Requirement for inotropic support (scale from 0 to 28, days of catecholamine use)	Mean duration of catecholamine use was 7.2 days	MD 0.8 days more (0.52 more to 1.08 more)	-	201 (1 RCT)	⊕⊕⊕⊕ Very low <sup>a,b</sup>
Requirement for renal replacement therapy (follow-up: 6 days)	98 per 1,000	101 per 1,000 (43 to 220)	OR 1.03 (0.41 to 2.60)	201 (1 RCT)	⊕⊕⊕⊕ Very low <sup>a,b</sup>
Quality of life	-	-	-	0	-

**CI:** confidence interval; **MD:** mean difference; **OR:** odds ratio

GRADE Working Group grades of evidence

**High quality:** Further research is very unlikely to change our confidence in the estimate of effect.

**Moderate quality:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

**Low quality:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

**Very low quality:** We are very uncertain about the estimate.

<sup>a</sup>Downgraded due to serious concerns about risk of bias. High risk of selection bias (open-label and unblinded) and early stopping bias (stopped prematurely).

<sup>b</sup>Downgraded two levels due to very serious concerns about imprecision. Only one study with a low overall total number of participants included in the review.

## Background

### Brief description of the condition/issue under consideration

COVID-19, an acute respiratory disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), can cause acute respiratory failure

with persistent hypoxaemia. A surge in demand for mechanical ventilation has resulted from the international spread of this novel virus, which has stretched and exceeded national critical care capacity in some countries ([Grasselli 2020](#)). Research on oxygen therapy in critically unwell ventilated patients is limited and conflicting. A previous Cochrane Review concluded that considerable uncertainty remains about how oxygen therapy should be targeted in all patients admitted to intensive care units; however, this review looked at all methods of oxygen therapy (including non-invasive ventilation) for any cause of critical illness, including traumatic brain injury, chronic obstructive pulmonary disease (COPD), and out-of-hospital cardiac arrest ([Barbateskovic 2019](#)). Such a diverse and varied group of pathologies are likely to respond best to a variety of different ventilation and oxygenation strategies; COVID-19-induced lung disease is itself a novel and unusual cause of respiratory failure and one that has already been noted to behave differently to previously considered critical illness clinical syndromes ([Gattinoni 2020](#); [Roberts 2020](#)). Acute respiratory distress syndrome (ARDS, the new term for severe acute lung injury), which can be secondary to viral illnesses such as COVID-19 or other non-viral causes, is associated with very high morbidity and mortality. A number of therapeutic agents have been trialled without successfully improving long-term outcomes, including aerosolised prostacyclins ([Afshari 2017](#)), inhaled nitric oxide ([Afshari 2010](#)), corticosteroids and surfactants ([Lewis 2019](#)), and no specific treatments are currently available or in widespread clinical use. Furthermore, these patients often require prolonged durations of mechanical ventilation and oxygen therapy, which also both carry their own risks ([Andersen 2016](#)). Despite previous reviews studying oxygen use in the critical care unit, it remains unclear how best to target oxygen administration in mechanically ventilated patients with ARDS, or in the subgroup of these patients with viral-induced lung injury (such as COVID-19).

## **Description of the intervention**

Patients with respiratory failure severe enough to necessitate mechanical ventilation also require supplementary oxygen to treat their hypoxaemia. The amount of oxygen administered may be described either as a percentage or as a fraction of the inspired gas mixture, for example a patient being administered normal room air would receive approximately 21% oxygen or  $FiO_2$  (fraction of inspired oxygen = 0.21). The clinical team will titrate the  $FiO_2$  being administered to achieve a particular level of oxygenation in the patient's blood, usually by targeting either continuously monitored peripheral oxygen saturations ( $SpO_2$ ) or intermittent measurement of arterial partial pressures of oxygen ( $PaO_2$ ), which can both be easily monitored in the intensive care unit.

## How the intervention might work

The body has no way of storing oxygen, so even short periods of hypoxaemia can rapidly cause irreversible harm, including organ failure (e.g. hypoxic brain injury, stroke, myocardial infarction, acute kidney injury) or death. Clinicians have historically tended towards administering more oxygen to avoid these risks ([Leach 2002](#)). However, hyperoxaemia is also increasingly recognized as being associated with more complications (particularly pulmonary complications) and worse outcomes in a number of other clinical contexts, including critical illness, cardiac disease (e.g. myocardial infarction), neonatal resuscitation, and stroke ([Martin 2013](#)). As well as its direct effects on the lung (e.g. absorption atelectasis or fibrosis), hyperoxaemia is thought to increase systemic production of reactive oxygen species (ROS) and pro-inflammatory cytokines, possibly worsening outcomes in pro-inflammatory conditions such as viral illnesses that are thought to induce a 'cytokine storm' (including COVID-19). This is also one potential mechanism by which coronavirus-induced ARDS might respond differently to other forms of ARDS. Although supplemental oxygen administration is now recognized as being a double-edged sword in critically ill patients with ARDS, the optimal oxygenation target (i.e. maximizing benefits whilst minimizing the harms of both hypoxia and hyperoxia) in these patients is unknown. It is also unknown whether the optimal oxygen regimen depends on the underlying aetiology of the ARDS.

## Objectives

To address how oxygen therapy should be targeted in adults with ARDS (particularly ARDS secondary to COVID-19 or other respiratory viruses) and requiring mechanical ventilation in an intensive care unit, and the impact oxygen therapy has on mortality, days ventilated, days of catecholamine use, requirement for renal replacement therapy, and quality of life.

## Methods

### Criteria for considering studies for this review

Prespecified eligibility criteria were as follows.

#### Study design

Randomized controlled trials, including cluster-randomized and cross-over trials.

#### Minimum study duration

There was no minimum study duration.

#### Population



We included studies looking at adult ( $\geq 18$  years of age) patients admitted to an intensive care unit or other level 3 area and receiving mechanical ventilation (via either an endotracheal tube or a tracheostomy) for ARDS (Berlin definition), including ARDS secondary to COVID-19 or other viruses.

We excluded studies where participants received non-invasive ventilation, high-flow nasal oxygen, hyperbaric oxygen, cardiac bypass, or extra-corporeal membrane oxygenation (ECMO).

### **Intervention**

'Liberal' oxygen, defined as relative to a comparable 'conservative' or control group to maximize inclusion of studies. This could consist of targeting higher SpO<sub>2</sub>, PaO<sub>2</sub>, or any combination of these where the study intention was to compare groups receiving different amounts of oxygen, in the opinion of the review authors.

### **Comparator(s)**

'Conservative' oxygen, that is the study intention (in the opinion of the review authors) was to compare giving a lower amount of oxygen to this group than the intervention arm in the same trial. This may have been targeting mild hyperoxaemia (but relatively less hyperoxaemia than the interventional group in a particular study), normoxaemia, or hypoxaemia.

### **Outcome(s)**

#### **Critical outcome measures**

- Mortality at longest available follow-up
- Number of days ventilated
- Requirement for inotropic support
- Requirement for renal replacement therapy
- Quality of life (any recognized scale as reported by the trialists)

We included studies in the review irrespective of whether measured outcome data were reported in a 'useable' way.

### **Search methods for identification of studies**

We adhered to the following methods prespecified in the protocol (see [Appendix 1](#)): an Information Specialist (Janne Vendt) designed and conducted all searches, which were informed by the authors as content experts and independently peer reviewed by a second Information Specialist (Robin Featherstone).

### **Electronic databases**

We searched the Cochrane COVID-19 Study Register, the Cochrane Central Register of Controlled Trials (CENTRAL), MEDLINE, and Embase from inception to 15 May 2020 ([Appendix 2](#)).

### **Other searches**

We handsearched bibliographic references from the included studies without any language restrictions.

### **Screening**

Two review authors (AC, AO) with expertise in systematic reviewing independently screened all titles and abstracts for potential eligibility and reviewed the full texts for inclusion in the review. Any discrepancies were resolved by consensus. A third review author was available for consultation if consensus could not be reached, but this was not required.

We recorded the reasons for exclusion for all studies excluded after full-text review (see [Characteristics of excluded studies](#)).

### **Inclusion of non-English language studies**

We considered abstracts and full texts from published articles in any language for inclusion.

We planned for the methods of all potentially eligible non-English language abstracts to be translated for screening, and for the full texts of any abstracts that progressed to full-text review to be translated; however, this was not necessary.

## **Data collection and analysis**

We adhered to the following methods as prespecified in the protocol (see [Appendix 1](#)).

### **Data management**

One review author (AC) extracted data from the included studies into [Review Manager \(RevMan\) Version 5.3](#), which another review author (AO) independently checked for accuracy.

### **Data extraction**

We extracted the following information.

- Study design (including methods, location, sites, groups)
- Setting
- Participant characteristics (age, gender, and disease severity using an appropriate critical illness score, e.g. Sequential Organ Failure Assessment (SOFA), which is a widely validated score that has been developed to assess the acute morbidity of critical illness) ([Lambden 2019](#))

- Intervention characteristics (PaO<sub>2</sub>, SpO<sub>2</sub> or FiO<sub>2</sub> used in each study to set interventional group targets)
- Comparator characteristics
- Outcomes assessed
- Numerical data for outcomes of interest

### **'Risk of bias' assessment**

Two review authors (AC, AO) used the Cochrane 'Risk of bias' tool to independently assess risk of bias of the included studies based on the following domains.

- Sequence generation (selection bias)
- Allocation concealment (selection bias)
- Blinding of participants, personnel, and outcome assessors (performance and detection bias)
- Incomplete outcome data (attrition bias)
- Selective outcome reporting (reporting bias)
- Other potential sources of bias

Any discrepancies would have been resolved by discussion or by involving a third review author where required.

### **Contacting study authors**

It was not necessary to contact study authors for missing data, as all data required to complete the review were available within the published trial reports and supplementary files.

### **Measures of treatment effect**

We assessed continuous outcomes as mean difference (MD) with 95% confidence intervals (CI). If continuous outcome data were reported using different scales, we assessed these outcomes as standardized mean differences (SMD) and 95% CI. We assessed dichotomous outcomes as odds ratios (ORs) with 95% CIs.

### **Assessment of heterogeneity**

We had planned to inspect forest plots and use the I<sup>2</sup> statistic to quantify possible heterogeneity (I<sup>2</sup> statistic > 50% to signify substantial heterogeneity), but this was not possible due to the small number of included studies.

### **Assessment of reporting biases**

We did not formally investigate assessment of reporting bias due to the small number of included studies.

### **Data synthesis**

We had planned to combine studies with a random-effects model; however, this could not be performed due to the lack of available data.

### **Subgroup analyses**

We did not perform subgroup analysis because we found insufficient studies to do so. If appropriate data had been available (i.e. multiple included studies with at least one relevant to the appropriate comparison group), we would have performed a subgroup analysis for any studies specifically reporting on viral-induced ARDS.

### **Sensitivity analyses**

A sensitivity analysis was not planned for this review.

### **GRADE**

We employed the GRADE approach to interpret findings, and used [GRADEpro GDT](#) to create 'Summary of findings' tables as suggested in the *Cochrane Handbook for Systematic Reviews of Interventions* when results of randomized controlled trials are available ([Schünemann 2019](#)). These tables provide outcome-specific information concerning the overall quality of evidence from the included study. We used this approach to assess the certainty of all reported outcomes.

## **Results**

### **Description of studies**

#### **Results of the search**

The initial searches yielded a total of 5125 results after removal of 405 duplicates. Following title and abstract review, three potentially eligible records were identified. On reviewing the full texts of these records, two were excluded for not meeting the inclusion criteria (see [Characteristics of excluded studies](#)). Consequently, only one study was eligible for inclusion in the review (see [Characteristics of included studies](#)). The study flow diagram is shown in [Figure 1](#).

#### **Included studies**

Only one study met all of our inclusion criteria ([Barrot 2020](#)). This prospectively registered randomized controlled trial, conducted across 13 intensive care units in France, assigned participants with ARDS (Berlin definition) who had been mechanically ventilated (for less than 12 hours by the time of enrolment) to receive either conservative oxygen therapy (to target either PaO<sub>2</sub> 55 to 70 mmHg, or SpO<sub>2</sub> 88% to 92%) or liberal oxygen therapy (target PaO<sub>2</sub> 90 to 105 mmHg, or SpO<sub>2</sub> ≥ 96%) for 7 days. The trial was stopped prematurely by the data and safety monitoring board due to safety concerns after the enrolment of 205 out of the planned 850 participants. The

conservative oxygen group (n = 99) had a mean age of 63, mean SOFA score of 9.3, and were 66% male; the liberal oxygen group (n = 102) had a mean age of 63.5, mean SOFA of 8.9, and were 62.7% male.

Although the initial ventilation strategy was the same in both groups except for the amount of oxygen administered (volume-assist control mode with tidal volumes of 6 mL per kg of predicted body weight), the settings for mechanical ventilation including positive end-expiratory pressure (PEEP) (and also timing of prone positioning and use of neuromuscular blockade) were coupled to the PF ratio ( $\text{PaO}_2/\text{FiO}_2$ ) in each group by the protocol. The  $\text{FiO}_2$  could also be altered at the clinician's discretion for procedures or transfers, but oxygenation was not systematically adjusted for routine tracheal suctioning.

We found no completed studies specifically looking at viral-induced ARDS, including ARDS associated with COVID-19.

#### **Excluded studies**

On reviewing the full texts, two records were excluded for not meeting the inclusion criteria. Both were ongoing studies that were not specifically investigating oxygen targets in ARDS patients undergoing invasive mechanical ventilation in an intensive care setting (i.e. the wrong population) ([ChiCTR2000032456](#); [NCT03174002](#)).

#### **Risk of bias in included studies**

The overall risk of bias for the one included study was high (see [Figure 2](#) for individual domain judgements), as the trial was open-label and also stopped early after a pre-planned trial safety committee meeting (criteria for stopping were not specified).

## **Effects of interventions**

### **Mortality at longest available follow-up**

The longest reported follow-up for mortality was at 90 days: 44 of the 99 participants in the lower-target group died compared to 31 of the 102 in the higher-target group (OR 1.83, 95% confidence interval (CI) 1.03 to 3.27).

### **Number of days ventilated**

The mean number of days ventilated in the lower-target group was 14.0 (95% CI 10.0 to 18.0) compared to 14.5 (95% CI 11.8 to 17.1) in the higher-target group. Although all participants were initially intubated and undergoing invasive ventilation, for follow-up purposes, mechanical ventilation was defined as including non-invasive ventilation and high-flow nasal oxygen as well as invasive ventilation.

### **Requirement for inotropic support**

The mean number of days of catecholamine use in the lower-target group was 8.0 (95% CI 5.5 to 10.5) compared to 7.2 (95% CI 5.9 to 8.4) in the higher-target group.

### **Requirement for renal replacement therapy**

At day 6, 10 of the 99 participants in the lower-target group were receiving renal replacement therapy (13.7%, 95% CI 5.8% to 21.6%) compared to 10 of 102 participants in the higher-target group (12.0%, 95% CI 5.0% to 19.1%).

### **Quality of life**

Quality of life was not reported in the included study.

## **Discussion**

### **Summary of main findings**

The aim of this review was to assess how oxygen therapy should be targeted in patients with ARDS (particularly ARDS secondary to COVID-19) and requiring mechanical ventilation in an intensive care setting.

We included one randomized controlled trial in this review. The overall risk of bias was rated as high, and the certainty of the evidence was very low.

Consequently, we are very uncertain as to whether higher or lower oxygen targets should be used to treat mechanically ventilated patients with ARDS.

### **Overall completeness and applicability of the evidence**

Despite thorough searches, we were only able to identify one completed randomized controlled trial investigating how oxygen therapy is targeted and administered to patients with ARDS who are receiving invasive mechanical ventilation ([Barrot 2020](#)). This trial enrolled only 205 participants after which it was stopped prematurely, and only two oxygenation targets were compared: PaO<sub>2</sub> 55 to 70 mmHg or SpO<sub>2</sub> 88% to 92%, and PaO<sub>2</sub> 90 to 105 mmHg or SpO<sub>2</sub> ≥ 96%. It is not clear whether these results are generalizable to all patients with ARDS (including those with ARDS secondary to COVID-19). Similarly, it is not clear how alternative oxygen targets might affect outcomes in patients with ARDS. For example, an intermediate target (e.g. SpO<sub>2</sub> 92% to 96%/PaO<sub>2</sub> 70 to 90 mmHg, or similar range not tested here) could also affect clinical outcomes in this group.

Although the oxygenation targets were well maintained in both groups, other factors could also have confounded the apparent mortality benefit in the liberal group. Firstly, prone positioning was more frequent in the liberal arm (51% versus 34%), and PEEP was higher because ventilation settings were linked to the PF ratio in the protocol. Secondly, even though there was no apparent

difference in the duration of ventilation, because mechanical ventilation was defined for follow-up purposes as including other supportive oxygen modalities (including non-invasive ventilation and high-flow nasal oxygen), one group could potentially still have been extubated earlier than the other. Apart from an excess of ischaemic events seen in the conservative group (5 versus 0), there is no evidence confirming that the excess deaths seen in the conservative oxygen group were related to differences in oxygenation.

The large ICU-ROX study, which randomized 1000 patients receiving mechanical ventilation in the intensive care unit to either a conservative or usual oxygen therapy, also included a very large prespecified subgroup of participants with a PF ratio < 300 mmHg. Although these participants were not specified as having a diagnosis of ARDS in the ICU-ROX trial, it is likely that many participants in this low PF ratio group would have fulfilled the Berlin criteria for ARDS. Conservative oxygen therapy did not significantly alter ventilator-free days in ICU-ROX either overall or in the low-PF subgroup, and 28-day survival was also unaltered overall. However, the definition of 'conservative' in ICU-ROX ( $\text{SpO}_2 < 97\%$ ) was much closer to the definition of 'liberal' oxygenation in [Barrot 2020](#) ( $\text{SpO}_2 \geq 96\%$ ), which makes direct comparison difficult.

We also identified two ongoing studies (yet to report their results) that were not eligible for inclusion in this review due to including patients receiving other methods of oxygen administration to mechanical ventilation. The handling oxygenation targets in the intensive care unit (HOT-ICU) trial is randomizing patients with acute respiratory failure to receive oxygen to target a  $\text{PaO}_2$  of either 8 kPa (60 mmHg) or 12 kPa (90 mmHg) ([NCT03174002](#)), and the second trial is investigating the effects of administering lower amounts of oxygen in patients with COVID-19 infection ([ChiCTR2000032456](#)).

## **Certainty of the evidence**

We downgraded the certainty of the evidence for all outcomes one level for risk of bias and two levels for imprecision. Overall, this means that the certainty of this evidence remains very low for all outcomes.

## **Potential biases in the review process**

We deliberately set out to include the best available evidence for this review, and therefore limited the results to only randomized controlled trials. Consequently, this may have limited our findings, but has increased the reliability of this review.

We sought the support of two experienced Information Specialists to construct, review, and run a sensitive search strategy, and all relevant databases and trial registries were searched to identify all relevant trials, both

those completed and still ongoing. Furthermore, and in contrast to the recommended methodology for rapid Cochrane Reviews, all steps of reviewing the searches were conducted independently in duplicate by two authors experienced at reviewing systematic review search results. Risk of bias was also assessed independently in duplicate.

Although the utility of the evidence is limited by the quantity of studies available for inclusion, we believe the review process itself is as robust as it could be.

## **Agreements and disagreements with other studies or reviews**

The data from this review suggest that using a low oxygen target may be associated with worse outcomes in mechanically ventilated patients with ARDS. Although this is the best available evidence, these findings are notably based on one single study and contrast the findings of many recent relevant reviews. A previous Cochrane Review assessing the benefits and harms of using supplementary oxygen in all patients in an intensive care setting identified 10 trials (not including [Barrot 2020](#)) with a total of 1285 participants, and concluded that mortality may be higher in patients receiving high fractions of oxygen (risk ratio (RR) 1.18, 95% CI 1.01 to 1.37) ([Barbateskovic 2019](#)). However, as with our findings, their conclusions remained uncertain due to only being able to identify very low-certainty evidence. Similarly, another recent systematic review that aimed to assess the safety and effectiveness of high-flow nasal oxygen administration in intensive care also found insufficient evidence to do this ([Corley 2017](#)), further highlighting the urgent need for more certain evidence into how oxygen is used in critical illness.

Furthermore, our findings also contradict a systematic review and meta-analysis looking at liberal versus conservative oxygen use in over 16,000 acutely unwell patients, which demonstrated that liberal oxygen therapy (defined as maintaining SpO<sub>2</sub> > 96%) significantly increased in-hospital mortality (RR 1.21, 95% CI 1.03 to 1.43) and 30-day mortality (RR 1.14, 95% CI 1.01 to 1.29) ([Chu 2018](#)). Retrospective data looking at associations between arterial hyperoxia and mortality in critically ill patients from 17 separate studies also suggest that hyperoxia is associated with increased mortality in patients following cardiac arrest (OR 1.42, 95% CI 1.04 to 1.92), stroke (OR 1.23, 95% CI 1.06 to 1.43), and traumatic brain injury (OR 1.41, 95% CI 1.03 to 1.94) ([Damiani 2014](#)). Importantly, this review also concluded that data from mechanically ventilated intensive care patients were too heterogenous to analyse, primarily due to design flaws and the inconsistent definition of hyperoxia.



As our results were limited to a single paper with high risk of bias, it is not appropriate to generalize these findings beyond the scope of the patients with ARDS and receiving mechanical ventilation. However, our findings are consistent with some international clinical recommendations towards higher levels of inspired oxygen in other clinical contexts, which stand in contrast to the intensive care and acute illness trial data summarized above. For example, the World Health Organization (WHO) recommends administering 80% oxygen ( $\text{FiO}_2$  0.8) to all patients undergoing surgery who require intubation and anaesthesia in order to reduce the risk of surgical site infection ([Allegranzi 2016](#)). Notably however, as well as applying to a very different group of patients to critically unwell patients with ARDS, this recommendation is for all patients to receive a specific inspiratory fraction/concentration of oxygen regardless of their individual degree of oxygenation rather than a target of oxygenation to aim for. This recommendation also remains controversial amongst the anaesthetic community following previous Cochrane Reviews and evidence from other perioperative trials ([Meyhoff 2008](#); [Myles 2019](#); [Oldman 2019](#); [Wetterslev 2015](#)). Importantly, this recommendation also only considers evidence focused on reducing surgical site infections and does not consider how any other outcomes (including those more relevant in a critical care context, such as mortality) may be affected by oxygen administration.

This rapid review highlights the profound limitations in volume and quality of studies evaluating oxygen targets in mechanically ventilated patients with ARDS. There remains considerable controversy surrounding oxygen across perioperative, acute medical, and intensive care literature, and this review serves to highlight where future trial efforts need to be focused.

## Authors' conclusions

The currently available evidence on targeting oxygen administration in patients with ARDS and receiving invasive mechanical ventilation is of very low certainty. Consequently, all conclusions drawn from these data are of limited value to clinicians and may change with further updates of this review as and when more evidence becomes available. The one study included in this review reported that participants receiving supplemental oxygen to target a  $\text{PaO}_2 = 90$  to  $105$  mmHg or  $\text{SpO}_2 \geq 96\%$  were more likely to survive beyond 90 days than those who received oxygen targeted towards achieving either  $\text{PaO}_2 = 55$  to  $70$  mmHg or  $\text{SpO}_2 = 88\%$  to  $92\%$ , but the certainty of the evidence for this finding was very low. We are also very uncertain how oxygen targets affect duration of mechanical ventilation, catecholamine use, or use of renal replacement therapy in these patients. Further randomized controlled trials, including studies investigating different oxygen targets not tested here,

are urgently needed to add more certainty to these findings and assess how best to target oxygen administration in mechanically ventilated patients with ARDS.

## What's new

Date	Event	Description
12 October 2020	Amended	Changed review type to 'Rapid (Flexible review)'

## History

Review first published: Issue 9, 2020

## Contributions of authors

AC - conception and writing of this review

AO - writing of this review

AS - clinical and methodological expertise

DM - conception of the review and clinical expertise

MG - conception of the review and clinical expertise

All authors reviewed, edited and approved the final version of this review

## Acknowledgements

We would like to thank Arash Afshari (Content Editor), Jing Xie (Statistical Editor), Ana Hutchinson and Paul Young (Peer Reviewers), Brian Li (Consumer Referee), Janne Vendt (Information Specialist), Robin Featherstone (Information Specialist), Liz Bickerdike (Network Associate Editor), Teo Quay (Managing Editor), and Harald Herkner (Co-ordinating Editor) for their help and editorial advice during the preparation of this systematic review.

## Declarations of interest

**AC** has received funding through the National Institute for Health Research (NIHR) as an Academic Clinical Fellow and Southampton NIHR Biomedical Research Centre (BRC) as a Clinical Research Fellow.

**AO** has no competing interests.

**AS** has no competing interests.

**DM** has received consultancy fees from Siemens Healthineers and Masimo and lecture honoraria from Edwards Lifesciences and Deltex Medical. He is also a Director of Oxygen Control Systems Ltd.

**MPWG** is a director of Oxygen Control Systems Ltd. He has received honoraria for speaking and/or travel expenses from BOC Medical (Linde Group), AstraZeneca, Edwards Lifesciences, and Cortex GmbH. He leads the Xtreme Everest Oxygen Research Consortium and the Fit-4-Surgery research collaboration. He serves as the UK NIHR Clinical Research Network national specialty group lead for Anaesthesia Perioperative Medicine and Pain, and is an elected council member and Vice President of the Royal College of Anaesthetists.

## Differences between protocol and review

All differences to the original protocol (i.e. the inability to assess for heterogeneity or to perform a separate subgroup analysis for studies specifically in patients with ARDS secondary to COVID-19 or other viruses due to only finding one eligible study) have already been detailed and explained within the main text of the review.

## Characteristics of studies

### Characteristics of included studies [ordered by study ID]

#### Barrot 2020

<i>Study characteristics</i>	
Methods	Randomized controlled trial Multicentre
Participants	<p><b>Sample size:</b> conservative, n = 99, liberal, n = 102</p> <p><b>Sex (male):</b> conservative 65.7%, liberal 62.7%</p> <p><b>Age (mean):</b> conservative 63.0, liberal 63.5</p> <p><b>Country:</b> France</p> <p><b>Setting:</b> adults who had undergone intubation and had been receiving mechanical ventilation for less than 12 hours for ARDS (according to the Berlin definition)</p> <p><b>Disease severity score:</b> SAPS III median 67.5, SOFA median 9.1</p> <p><b>Inclusion criteria</b></p> <ol style="list-style-type: none"> <li>1. Major patients with mechanical ventilation</li> <li>2. ARDS according to Berlin definition: hypoxaemia defined with PaO<sub>2</sub>/FiO<sub>2</sub> ratio less or equal to 300 mmHg with positive end-expiratory pressure higher or equal to 5 cmH<sub>2</sub>O, Less than 7 days between a known clinical insult or new or worsening of respiratory symptoms; bilateral opacities on chest imaging not</li> </ol>

	<p>fully explained by effusions, lobar or lung collapse, or nodules; respiratory failure not fully explained by cardiac failure or fluid overload</p> <p>3. Less than 12 hours following initiation of mechanical ventilation</p> <p><b>Exclusion criteria</b></p> <ol style="list-style-type: none"> <li>1. Pregnancy</li> <li>2. Patient less than 18 years old</li> <li>3. Sickle cell disease</li> <li>4. Patient deprived of freedom, under a legal protective measure</li> <li>5. Cardiac arrest as the reason for ICU hospitalization</li> <li>6. Traumatic brain injury as the reason for ICU hospitalization</li> <li>7. Haemoptysis with embolization or surgery</li> <li>8. Extracorporeal life support or extracorporeal membrane oxygenation before randomization</li> <li>9. Chronic obstructive pulmonary disease with oxygen or non-invasive ventilation at home (obstructive sleep apnoea syndrome is not an exclusion criterion)</li> <li>10. Patient with very high risk of death with SAPS II more than 90</li> <li>11. Indication of hyperbaric oxygenation: carbon monoxide intoxication, gas embolism, necrotizing fasciitis</li> <li>12. Cyanide intoxication, methaemoglobinaemia</li> <li>13. Untreated pneumothorax</li> <li>14. Lymphangitis carcinomatosa</li> <li>15. Eosinophilic pneumonia</li> <li>16. Intensive care management for organ donation</li> <li>17. Participation in another interventional study with mortality as a major outcome to avoid confounding factor</li> <li>18. Patient not affiliated to social security</li> </ol>
Interventions	<p><b>Experimental (conservative):</b> a modulation of inspired fraction of oxygen will be performed with an objective of PaO<sub>2</sub> between 55 to 70 mmHg that will be checked on arterial blood gases. Between these measurements, SpO<sub>2</sub> will be kept between 88 and 92 per cent. Alarms will be set between 87 and 93 per cent for SpO<sub>2</sub>.</p> <p><b>Control (liberal):</b> a modulation of inspired fraction of oxygen will be performed with an objective of PaO<sub>2</sub> between 90 to 105 mmHg that will be checked on arterial blood gases. Between these measurements, SpO<sub>2</sub> will be kept more or equal to 96 per cent. Alarms will be set at 95 per cent for SpO<sub>2</sub>.</p>
	<p>Primary outcome measures:</p> <ol style="list-style-type: none"> <li>1. Death [ Time Frame: Day 28 ]</li> </ol>

	<p>Secondary outcome measures:</p> <ol style="list-style-type: none"> <li>1. Death [ Time Frame: Day 90 ]</li> <li>2. Days free of mechanical ventilation in ICU [ Time Frame: Day 28 ]</li> <li>3. Sequential Organ Failure Assessment (SOFA) score without the respiratory component (i.e. maximum score of 20) [ Time Frame: Day 0, 3, and 7 ].             <ol style="list-style-type: none"> <li>a. The SOFA score is the association of the organ failure score of the six following systems: respiratory, cardiovascular, renal, liver, coagulation and neurologic. In each system a progressive score of gravity is attributed from 0 to 4 giving a maximum possible total of 24. Without the addition of the respiratory component the score has a maximum of 20, with a higher number representing a higher severity of illness.</li> </ol> </li> <li>4. Score of morbidity [ Time Frame: Day 28 ]             <ol style="list-style-type: none"> <li>a. This score is based on three points: need for mechanical ventilation, need for Morbidity are renal replacement therapy, need of catecholamine or need for ventilation</li> </ol> </li> <li>5. Ventilator-associated pneumonia [ Time Frame: Day 28 ]</li> <li>6. Septicaemia [ Time Frame: Day 28 ]</li> <li>7. Antibiotic consumption [ Time Frame: Day 28 ]             <ol style="list-style-type: none"> <li>a. Defined as number of days exposed to antibiotics divided by the number of days spent in ICU</li> </ol> </li> <li>8. Cardiovascular complications [ Time Frame: Day 28 and 90 ]             <ol style="list-style-type: none"> <li>a. Defined as new onset of rhythm disorders, cardiac ischaemia and dose of catecholamine at 28 and 90 days</li> </ol> </li> <li>9. Neurological evolution [ Time Frame: Day 28 ]             <ol style="list-style-type: none"> <li>a. Defined as neurological evolution measured with daily Richmond Agitation Sedation Scale score, seizures, new stroke, daily sedation doses, neuroleptic administration</li> </ol> </li> <li>10. Respiratory autonomy [ Time Frame: Day 28 and 90 ]             <ol style="list-style-type: none"> <li>a. Defined as need for oxygen or mechanical ventilation support</li> </ol> </li> </ol>
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Notes	Trial was funded by public grants.
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Item	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Yes	Randomization was stratified according to center, age (<45 years, 45 to 65 years, or >65 years), and severity of respiratory failure evaluated according to the Pao2:Fio2 ( $\leq 150$ mm Hg or

		>150 mm Hg), with a PEEP of 5 cm of water and a Fio <sub>2</sub> . Computer randomization was performed in blocks of four.
Allocation concealment (selection bias)	Unclear	Not specified.
Blinding of participants and personnel (performance bias)	No	This was an open-label trial because of the impossibility of masking treatment assignments with the use of Spo <sub>2</sub> and Pao <sub>2</sub> monitoring in the ICU.
Blinding of outcome assessment (detection bias)	No	This was an open-label trial because of the impossibility of masking treatment assignments with the use of Spo <sub>2</sub> and Pao <sub>2</sub> monitoring in the ICU.
Incomplete outcome data (attrition bias)	Yes	4% in the experimental group and none of the control group were excluded from the analysis
Selective reporting (reporting bias)	Yes	The trial was registered prior to randomisation ( <a href="#">NCT02713451</a> )
Other bias	No	Early stopping bias: the trial was stopped after a pre-planned trial safety committee meeting, criteria for stopping not specified

[2] ARDS: acute respiratory distress syndrome, cmH<sub>2</sub>O: centimetre of water, FiO<sub>2</sub>: fraction of inspired oxygen, ICU: intensive care unit, PaO<sub>2</sub>: arterial partial pressure of oxygen SAPS: simplified acute physiology score, SOFA: sequential organ failure assessment, SpO<sub>2</sub>: peripheral oxygen saturation

## Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion
<a href="#">ChiCTR2000032456</a>	Ongoing trial yet to be published; wrong study population
<a href="#">NCT03174002</a>	Ongoing trial yet to be published; wrong study population

## Appendices

### Appendix 1. Protocol

#### Criteria for considering studies for this review

Study and source eligibility	
Study design	<input checked="" type="checkbox"/> <a href="#">RCTs</a> <input type="checkbox"/> Quasi-RCTs <input type="checkbox"/> <a href="#">Non-RCTs</a> <input type="checkbox"/> <a href="#">Prospective cohort studies</a>

	<input type="checkbox"/> <a href="#">Retrospective cohort studies</a> <input type="checkbox"/> <a href="#">Case-control studies</a> <input type="checkbox"/> <a href="#">Cross-sectional studies</a> <input type="checkbox"/> <a href="#">Controlled before-and-after studies</a> <input type="checkbox"/> Modelling studies <input type="checkbox"/> Other (please specify)
Minimum duration	No minimum duration
'PICO' eligibility	
Population	<ul style="list-style-type: none"> <li>• <ul style="list-style-type: none"> <li>○ <b>Inclusion criteria</b> <ul style="list-style-type: none"> <li>▪ Adults (&gt; 18)</li> <li>▪ Admitted to an intensive care unit / critical care unit / level 3 care facility</li> <li>▪ Receiving mechanically ventilation via an endotracheal tube or tracheostomy</li> <li>▪ acute respiratory distress syndrome (Berlin definition)</li> </ul> </li> <li>○ <b>Exclusion criteria</b> <ul style="list-style-type: none"> <li>▪ Non-invasive ventilation only</li> <li>▪ High-flow nasal oxygen only</li> <li>▪ Hyperbaric oxygen</li> <li>▪ ECMO</li> <li>▪ Cardiac bypass</li> </ul> </li> </ul> </li> </ul>
Intervention(s)	Liberal' oxygen (defined only as relative to conservative/control group to maximize inclusion of studies and may consist of targeting higher SpO <sub>2</sub> , PaO <sub>2</sub> , or any combination of these where the study intention is to compare groups receiving different amounts of oxygen (in the opinion of the authors)
Comparator(s)	'Conservative' oxygen - defined only that the study intention (in the opinion of the review authors) is to compare giving a lower amount of oxygen to this group than the intervention arm in the trial. This may be targeting mild hyperoxaemia (but still less than the intervention arm in the same study targeting a higher degree of hyperoxaemia), normoxaemia, or hypoxaemia.
Outcome(s)	The following outcomes will be examined. <ul style="list-style-type: none"> <li>• Mortality at longest available follow-up</li> <li>• Number of days ventilated</li> <li>• Requirement for inotropic support</li> <li>• Requirement for renal replacement therapy</li> <li>• Quality of life (any recognized scale as reported by trialists)</li> </ul>

### Search methods for identification of studies

Search methods			
Expertise	The searches will be verified by a content expert, conducted by an Information Specialist, and independently peer reviewed.		
Electronic databases	Database [minimum checked – please specify one other] <input checked="" type="checkbox"/> MEDLINE <input checked="" type="checkbox"/> CENTRAL <input checked="" type="checkbox"/> Embase <input checked="" type="checkbox"/> Other - Cochrane COVID-19 Study Register <input type="checkbox"/> Clinical Trial Registry (please specify)	From: Inception	To: 01/05/2020
Other searches	<input checked="" type="checkbox"/> Systematic review references <input checked="" type="checkbox"/> Reference lists of included studies <input type="checkbox"/> Grey literature (please specify) <input type="checkbox"/> Citation tracking <input type="checkbox"/> Data from the pharmaceutical industry <input type="checkbox"/> Contact experts for references <input type="checkbox"/> Other (please specify)		
Approach to ongoing and unpublished studies	<input type="checkbox"/> Include ongoing studies <input type="checkbox"/> Unpublished studies <input type="checkbox"/> Studies in press <input checked="" type="checkbox"/> Exclude all studies that are ongoing, unpublished, or in press	Through handsearching references and including ongoing trials across major databases	
Methods for screening search results			
Expertise	Screening will be performed by AO/AC		
Screening methods	Dual; second reviewer checks all excluded records <input type="checkbox"/> Dual; second reviewer checks [X%] of excluded records <input type="checkbox"/> Dual; independent screen and cross check <input checked="" type="checkbox"/>	<i>Abstract</i> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/>	<i>Full text</i> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/>



Discrepancy resolution	<input checked="" type="checkbox"/> Consensus and/or third reviewer <input type="checkbox"/> Other (please specify)
Excluded studies	All decisions taken during full-text screening will be documented and outlined in the final report with a list of excluded studies.
Inclusion of abstracts and conference proceedings	<input type="checkbox"/> Exclude all <input checked="" type="checkbox"/> Include if clearly eligible and have useable data <input type="checkbox"/> Include if clearly eligible regardless of useable data <input type="checkbox"/> Include if eligibility is unclear and add to section in report
Inclusion of non-English language studies	<input checked="" type="checkbox"/> Include abstracts and full texts <i>[in Chinese/any language]</i> <input type="checkbox"/> Include full texts only <i>[in Chinese only/ language]</i> <input type="checkbox"/> Exclude
	<input checked="" type="checkbox"/> All potentially relevant abstracts will progress to full-text screen <input type="checkbox"/> [Single/dual] title/abstract screen by foreign-language speaker(s) <input checked="" type="checkbox"/> [Abstract/ <u>methods</u> /full text] will be translated for abstract/ <u>full text</u> screen <input type="checkbox"/> Listed as non-English language and not assessed further

## Data collection and analysis

<b>Data extraction</b>	
Expertise	Data extraction will be performed by AO and AC
Software	Data will be extracted using pilot-tested data extraction forms through the online resource: Rayyan Systematic Review software
Data to be extracted	Study design: systematic review and meta-analysis. RCTs
Data extraction methods	<input type="checkbox"/> Single, no second reviewer <input checked="" type="checkbox"/> Dual; second reviewer checks all data <input type="checkbox"/> Dual; second reviewer checks [add proportion] <input type="checkbox"/> Dual; independent screen and cross check
Risk of bias tool	<i>[specify for each study design]</i> <input checked="" type="checkbox"/> Cochrane 'Risk of bias' tool (RCTs) <input type="checkbox"/> ROBINS-I tool for non-randomized studies <input type="checkbox"/> Adapted-hybrid of the RCT-ROBINS-I tools <input type="checkbox"/> Newcastle-Ottawa Scale <input type="checkbox"/> Another tool <i>[please specify]</i>

Method of risk of bias assessment	<input type="checkbox"/> Single, no second reviewer <input checked="" type="checkbox"/> Dual; second reviewer checks all judgements <input type="checkbox"/> Dual; second reviewer checks [add proportion] <input type="checkbox"/> Dual; independent screen and cross check	<input type="checkbox"/> All outcomes <input type="checkbox"/> Primary only
Discrepancy resolution	<input checked="" type="checkbox"/> Consensus and/or third reviewer <input type="checkbox"/> Other (please specify)	
Contacting study authors	<input type="checkbox"/> Authors will be contacted for missing information and data <input checked="" type="checkbox"/> Authors will be contacted for missing outcome data only <input type="checkbox"/> Authors will not be contacted	
<b>Data management</b>		
Software	Review Manager 5	
Standardization	N/A	
Resolving conflicts between sources	If there is a conflict between data reported across multiple sources for a single study (e.g. between a published article and a trial registry record), we will contact researchers directly for clarification.	
<b>Data synthesis</b>		
Measures of treatment effect	<input checked="" type="checkbox"/> Continuous outcome: mean difference and 95% confidence intervals (CIs) <input checked="" type="checkbox"/> Continuous outcome: standardized mean difference <input type="checkbox"/> Dichotomous outcome: risk ratio/relative risk (RR) and 95% CIs <input checked="" type="checkbox"/> Dichotomous outcome: odds ratio (OR) and 95% CIs <input type="checkbox"/> Dichotomous outcome: risk difference (absolute risk reduction) <input type="checkbox"/> Peto odds ratio method <input type="checkbox"/> Other (please specify)  <i>[Any data processing required will be performed in accordance with the Cochrane Handbook for Systematic Reviews of Interventions]</i>	
Unit of analysis issues	<p>Advice from a statistician will be sought to address issues relating to double counting, correlation or unit of analysis posed by the following.</p> <input checked="" type="checkbox"/> Cluster RCTs <input type="checkbox"/> Cross-over trials <input type="checkbox"/> Body-part randomized trials <input checked="" type="checkbox"/> Episodes of disease <input checked="" type="checkbox"/> Multi-arm studies <input type="checkbox"/> Other (please specify)	

Assessment of heterogeneity	<input checked="" type="checkbox"/> Inspecting forest plots <input type="checkbox"/> Statistical test ( $\text{Chi}^2$ ) for heterogeneity [ <i>specify P value</i> ] <input checked="" type="checkbox"/> $I^2$ statistic [ <i>state how values of <math>I^2</math> will be interpreted</i> ] <input checked="" type="checkbox"/> Explore potential sources of the heterogeneity amongst study results <input type="checkbox"/> Sensitivity analysis by excluding outlying studies  (THIS WILL REQUIRE CLARIFICATION WITH STATISTICIAN)
Assessment of reporting biases	<input checked="" type="checkbox"/> Funnel plots <input checked="" type="checkbox"/> Test for funnel plot asymmetry (e.g. Begg, Egger test) <input type="checkbox"/> Trim and fill technique
Data synthesis	<input checked="" type="checkbox"/> Forest plots <input checked="" type="checkbox"/> Qualitative synthesis <input type="checkbox"/> Synthesis without meta-analysis  [ <i>Specify data type and study designs, interventions to be pooled</i> <i>If non-randomized and observational studies are included, describe how these studies will be analysed</i> ]
Model	<input type="checkbox"/> Fixed-effect meta-analyses <input checked="" type="checkbox"/> Random-effects meta-analyses (DerSimonian and Laird method) <input type="checkbox"/> Other [ <i>please specify</i> ]
Subgroup analyses	The following subgroups will be explored. <ul style="list-style-type: none"> <li>• If sufficient studies exploring acute respiratory distress syndrome specifically following COVID-19 (or other similar viral infections) are available, then these will be analysed and considered separately.</li> <li>• In the event of intervention and comparator groups of included studies inadvertently overlapping if different criteria are used by different studies to define oxygenation target groups, different subgroups of studies with similar target groups will be considered separately. If this approach becomes necessary following searches, subgroup boundaries/limits will be determined prior to starting data extraction and statistical analysis.</li> </ul>
Sensitivity analysis	<input type="checkbox"/> Excluding studies at high risk of bias <input type="checkbox"/> Excluding studies with dubious eligibility <input type="checkbox"/> Alternative analysis methods [ <i>specify</i> ] <input type="checkbox"/> Other [ <i>please specify</i> ]

	Any post hoc sensitivity analyses that arise during the review process will be justified in the final report.
GRADE approach	<input checked="" type="checkbox"/> GRADE will be used for <i>[all outcomes/the primary outcome(s)]</i> and results presented in a 'Summary of findings' table

## Appendix 2. Search strategies

**Database: Ovid MEDLINE(R) ALL <1946 to May 14, 2020>**

- 1 Respiratory Distress Syndrome, Adult/
- 2 exp Severe Acute Respiratory Syndrome/
- 3 (ards or sars).ti,ab,kf.
- 4 (acute respiratory adj2 (syndrome\* or distress or failure\*)).ti,ab,kf.
- 5 ((acute or adult or syndrome\*) adj2 respiratory distress).ti,ab,kf.
- 6 exp coronavirus/
- 7 exp Coronavirus Infections/
- 8 (coronavirus\* or corona virus\* or Covid 19 or Covid19 or SARS CoV\* or SARSCov\* or ncov\* or 19ncov\*).ti,ab,kf.
- 9 6 or 7 or 8
- 10 9 and (201912\* or 2020\*).dt.
- 11 1 or 2 or 3 or 4 or 5 or 10
- 12 Oxygen/ad, sd, th
- 13 exp Oxygen-Inhalation-Therapy/
- 14 exp Hyperoxia/
- 15 Hypoxia/
- 16 (hyperoxia or hyperoxemia or hyperoxaemia or hypoxia or hypoxemia or hypoxaemia or anoxia or anoxemia or anoxaemia or high\* oxygen or oxygenat\* or blood gas\* or pao2 or sao2 or spo2).ti,ab,kf.
- 17 ((inspir\* or inhal\* or fraction\* or concentrat\* or arterial\* or saturation or level\* or tension\* or supply\* or supplement\* or supplie\* or therap\* or administr\* or dosag\* or dose\* or dosing\* or conservative or liberal or restrictive or partial pressure) adj3 oxygen).ti,ab,kf.
- 18 12 or 13 or 14 or 15 or 16 or 17
- 19 exp Respiration, Artificial/
- 20 (artificial\* adj3 respirat\*).ti,ab,kf.

- 21 ventilat\*.ti,ab,kf.
- 22 19 or 20 or 21
- 23 11 and 18 and 22
- 24 ((randomized controlled trial or controlled clinical trial).pt. or randomi?ed.ab. or placebo.ab. or drug therapy.fs. or randomly.ab. or trial.ab. or groups.ab.) not (exp animals/ not humans.sh.)
- 25 23 and 24

**Database: Embase <1974 to 2020 May 14>**

- 1 adult respiratory distress syndrome/
- 2 severe acute respiratory syndrome/
- 3 (ards or sars).ti,ab,kw.
- 4 (acute respiratory adj2 (syndrome\* or distress or failure\*)).ti,ab,kw.
- 5 ((acute or adult or syndrome\*) adj2 respiratory distress).ti,ab,kw.
- 6 exp coronavirinae/
- 7 exp coronaviridae infection/
- 8 (coronavirus\* or corona virus\* or Covid 19 or Covid19 or SARS CoV\* or SARSCov\* or ncov\* or 19ncov\*).ti,ab,kw.
- 9 6 or 7 or 8
- 10 9 and (201912\* or 2020\*).dc.
- 11 1 or 2 or 3 or 4 or 5 or 10
- 12 exp oxygen therapy/
- 13 hyperoxia/
- 14 hyperoxia-induced lung injury/
- 15 exp hypoxemia/
- 16 (hyperoxia or hyperoxemia or hyperoxaemia or hypoxia or hypoxemia or hypoxaemia or anoxia or anoxemia or anoxaemia or high\* oxygen or oxygenat\* or blood gas\* or pao2 or sao2 or spo2).ti,ab,kw.
- 17 ((inspir\* or inhal\* or fraction\* or concentrat\* or arterial\* or saturation or level\* or tension\* or supply\* or supplement\* or supplie\* or therap\* or administr\* or dosag\* or dose\* or dosing\* or conservative or liberal or restrictive or partial pressure) adj3 oxygen).ti,ab,kw.
- 18 12 or 13 or 14 or 15 or 16 or 17

- 19 exp artificial ventilation/  
 20 (artificial\* adj3 respirat\*).ti,ab,kw.  
 21 ventilat\*.ti,ab,kw.  
 22 19 or 20 or 21  
 23 (randomized controlled trial/ or controlled clinical study/ or random\$.ti,ab. or randomization/ or intermethod comparison/ or placebo.ti,ab. or (compare or compared or comparison).ti. or ((evaluated or evaluate or evaluating or assessed or assess) and (compare or compared or comparing or comparison)).ab. or (open adj label).ti,ab. or ((double or single or doubly or singly) adj (blind or blinded or blindly)).ti,ab. or double blind procedure/ or parallel group\$1.ti,ab. or (crossover or cross over).ti,ab. or ((assign\$ or match or matched or allocation) adj5 (alternate or group\$1 or intervention\$1 or patient\$1 or subject\$1 or participant\$1)).ti,ab. or (assigned or allocated).ti,ab. or (controlled adj7 (study or design or trial)).ti,ab. or (volunteer or volunteers).ti,ab. or human experiment/ or trial.ti.) not (((random\$ adj sampl\$ adj7 (cross section\$ or questionnaire\$1 or survey\$ or database\$1)).ti,ab. not (comparative study/ or controlled study/ or randomi?ed controlled.ti,ab. or randomly assigned.ti,ab.)) or (cross-sectional study/ not (randomized controlled trial/ or controlled clinical study/ or controlled study/ or randomi?ed controlled.ti,ab. or control group\$1.ti,ab.)) or (((case adj control\$) and random\$) not randomi?ed controlled).ti,ab. or (Systematic review not (trial or study)).ti. or (nonrandom\$ not random\$).ti,ab. or Random field\$.ti,ab. or (random cluster adj3 sampl\$).ti,ab. or ((review.ab. and review.pt.) not trial.ti.) or (we searched.ab. and (review.ti. or review.pt.)) or update review.ab. or (databases adj4 searched).ab. or ((rat or rats or mouse or mice or swine or porcine or murine or sheep or lambs or pigs or piglets or rabbit or rabbits or cat or cats or dog or dogs or cattle or bovine or monkey or monkeys or trout or marmoset\$1).ti. and animal experiment/) or (Animal experiment/ not (human experiment/ or human/)))
- 24 11 and 18 and 22 and 23

## Central

Issue 5 of 12, May 2020

- #1 MeSH descriptor: [Respiratory Distress Syndrome, Adult] explode all trees  
 #2 MeSH descriptor: [Severe Acute Respiratory Syndrome] explode all trees  
 #3 (ards or sars):ti,ab,kw

- #4 ((acute next respiratory) near (syndrome\* or distress or failure\*)):ti,ab,kw
- #5 ((acute or adult or syndrome\*) near (respiratory next distress)):ti,ab,kw
- #6 MeSH descriptor: [Coronavirus] explode all trees
- #7 MeSH descriptor: [Coronavirus Infections] explode all trees
- #8 (coronavirus\* or (corona next virus\*) or (Covid next 19) or Covid19 or (SARS next CoV\*) or SARSCov\* or ncov\* or 19ncov\*):ti,ab,kw
- #9 #1 or #2 or #3 or #4 or #5 or #6 or #7 or #8
- #10 MeSH descriptor: [Oxygen] explode all trees
- #11 MeSH descriptor: [Oxygen Inhalation Therapy] explode all trees
- #12 MeSH descriptor: [Hyperoxia] explode all trees
- #13 MeSH descriptor: [Hypoxia] explode all trees
- #14 (hyperoxia or hyperoxemia or hyperoxaemia or hypoxia or hypoxemia or hypoxaemia or anoxia or anoxemia or anoxaemia or (high\* next oxygen) or oxygenat\* or (blood next gas\*) or pao2 or sao2 or spo2):ti,ab,kw
- #15 ((inspir\* or inhal\* or fraction\* or concentrat\* or arterial\* or saturation or level\* or tension\* or supply\* or supplement\* or supplie\* or therap\* or administr\* or dosag\* or dose\* or dosing\* or conservative or liberal or restrictive or (partial next pressure)) near oxygen):ti,ab,kw
- #16 #10 or #11 or #12 or #13 or #14 or #15
- #17 MeSH descriptor: [Respiration, Artificial] explode all trees
- #18 (artificial\* near respirat\*):ti,ab,kw
- #19 ventilat\*:ti,ab,kw
- #20 #17 or #18 or #19
- #21 #9 and #16 and #20
- #22 #21 in Trials

## **Cochrane Covid-19 study register**

Filtered by:

oxygen or hyperoxia or hyperoxemia or hyperoxaemia or hypoxia or hypoxemia or hypoxaemia or anoxia or anoxemia or anoxaemia or oxygenat\* or "blood gas" or pao2 or sao2 or spo2

AND

ventilat\* or respirat\*

## References

### References to studies included in this review

**Barrot 2020 {published data only}**

[14305529](#)

\*

Barrot L , Asfar P , Mauny F , Winiszewski H , Montini F , Badie J , et al.  
Liberal or conservative oxygen therapy for acute respiratory distress  
syndrome. New England Journal of Medicine 2020;382:999-  
1008. [14305530](#)

### References to studies excluded from this review

**ChiCTR2000032456 {published data only}**

[14305531](#)

A Randomized Controlled Study of the Effects of Low-Oxygen Consumption  
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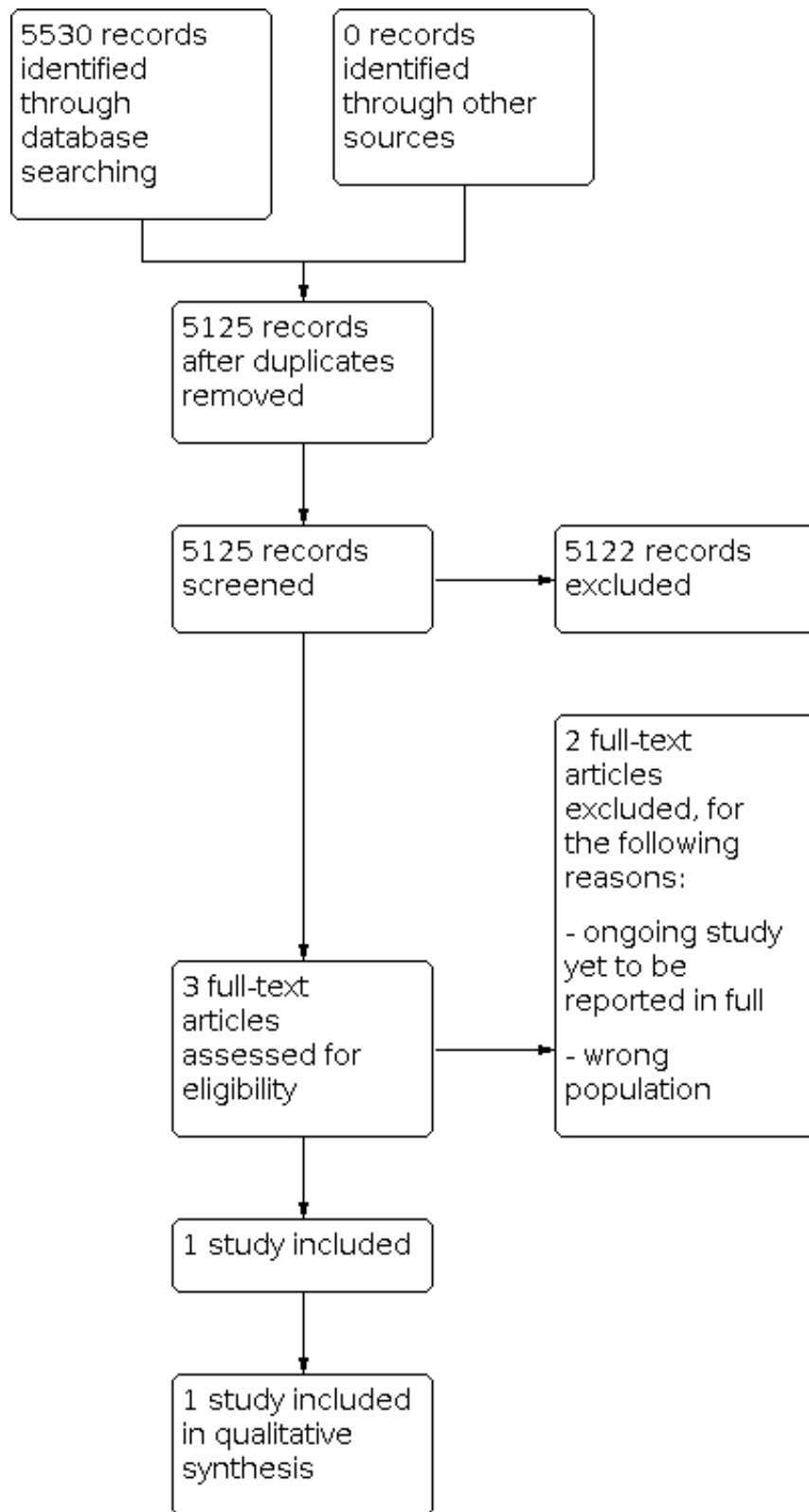
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## Figures and tables

Figure 1

Study flow diagram.



**Figure 2**  
Risk of bias summary

Barrot 2020



Random sequence generation (selection bias)

Allocation concealment (selection bias)

Blinding of participants and personnel (performance bias)

Blinding of outcome assessment (detection bias)

Incomplete outcome data (attrition bias)

Selective reporting (reporting bias)

Other bias