

2016-09-05

Wellbeing by Design: Nature-based solutions towards well-being

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<http://hdl.handle.net/10026.1/16091>

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European Landscape Conference 2016 abstract draft 08 04 2016

for conference paper presentation.

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Title: *Nature-based solutions towards well-being*

Abstract: (objectives, methodology, results and conclusion in 249 words!)

This presentation aims to stimulate critical debate around the theoretical underpinning of ‘wellbeing by design’ in respect of our green infrastructure.

Our work draws on insights emerging from a novel social science/ landscape architect partnership; forged during an innovative doctoral study, exploring how and why people maintain a sense of wellbeing through seeking out and experiencing diverse nature-based settings in the contexts of their everyday and whole lives.

Combining the rich geo-narrative insights gained through the co-produced doctoral study with landscape architecture/ inclusive design practice experience over 25years; the presentation critiques the findings of primary research in this area to explore how it might robustly support salutogenic design principles, applied at different scales of performative, nature-based place-making.

We aim to emphasise the need for practitioners to access, critique and apply the results of important research in this field more successfully, so as to rigorously support arguments for investment in Green Infrastructure provision and management, in terms of Wellbeing Benefit (economic, social, environmental)

Our stance is to engage *positively* with the current socio-political climate; where for the first time, spatial planning and public health provision have been brought together under the same spending authorities, and where, under the localism act, communities can have a greater say and more direct control over the benefits they can potentially derive from their Green Infrastructure Wellbeing Resource...

Keywords: *well-being, green infrastructure, research-practitioner partnerships, place-making*