Faculty of Health: Medicine, Dentistry and Human Sciences

Peninsula Medical School

2019-09-08

'Mind the gaps': the accessibility and implementation of an effective depression relapse prevention programme in UK NHS services: learning from mindfulness-based cognitive therapy through a mixed-methods study

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http://hdl.handle.net/10026.1/15043

10.1136/bmjopen-2018-026244 BMJ Open BMJ

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