University of Plymouth

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Faculty of Health: Medicine, Dentistry and Human Sciences School of Nursing and Midwifery

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MHealth resources for asthma and pregnancy care: methodological issues and social media recruitment. A discussion paper

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Please complete this Questionnaire 1 before viewing the resources

Please use the buttons and text boxes to enter your answers. At the end of the questionnaire, click submit to save your answers, then view the resources in the website, and then complete the evaluation questionnaire (Questionnaire 2, called the Asthma Care Team Intervention Questionnaire (ACTIVEQ). Clicking submit indicates that you give us consent to use your anonymous data for academic purposes.

* 1. Are you currently pregnant or have you had a previous pregnancy?

- ◯ Yes
- ◯ No

If currently pregnant, how many weeks pregnant are you? (approx gestation)

* 2. Have you ever been diagnosed with asthma?

- ◯ Yes
- ◯ No

* 3. Who made your diagnosis of asthma? (choose one)

- ◯ General or family practitioner (GP)
- ◯ Hospital Physician
- ◯ Specialist Nurse
- ◯ Asthma practice nurse

Other (please specify)

4. How old are you? (in years; please write a number in the box below)

5. Where do you live? (choose one)

- ◯ South West Region of the UK
- ◯ Another English Region
- ◯ Northern Ireland
- ◯ Scotland
- ◯ Wales

Other (please specify)

6. How long has it been since you were diagnosed with asthma? (in years; please write a number in the box below)

* 7. Did you know that during pregnancy your asthma could get better, or stay the same, or could possibly worsen?

- ◯ Yes
- ◯ No

* 8. During your pregnancy has your asthma...(choose one)

- ◯ Improved
- ◯ Stayed about the same
- ◯ Worsened

* 9. What medications are you taking regularly for your asthma? (choose all that apply to you)

- ☐ None
- ☐ Reliever (inhaled)
- ☐ Preventer (inhaled)
- ☐ Oral steroids

Other (please specify)

* 10. Does the thought of taking medications for your asthma when you are pregnant worry you? (move the slider along to give a score about how worried you are)

0 (Not worried at all)

100 (Very seriously worried)

* 11. Did you know that the risk of side effects to the baby of taking your medications is generally thought to be low? (whilst you are pregnant as well as when breastfeeding).

- Yes
- No

* 12. Did you realise that stopping your asthma medications while pregnant could do harm to your baby if you are unwell with your asthma (unless specifically advised to do so by a healthcare professional).

- Yes
- No