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# How far have we really come in the last 20 years in Europe?

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## **Family-Centred Care: How far have we really come in the last 20 years in Europe?**

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This 60 minutes session will focus on the past, present and future of Family-Centred Care in the PICU and NICU. The current literature provides evidence for a 24/7 open ICU environment. However, this is far from reality in many countries in Europe and the World. Besides, Family-Centered Care is not only inviting parents to come into the ICU, it encompasses also the involvement in care and decision-making of their critically ill child. The aim of this interactive session is to engage all participants in identifying interventions to improve the care and support of parents. The methods used in this session will be lectures, group work, and interactive debate. Active participation is preferred to identify and share your own best practices. Novel interventions and strategies to include parents, children, and significant others of the critically ill child will be discussed. Also, the impact of the current technology (mobile phones, apps, photos and videos) will be a focus. After all, in the current transparent world of Facebook, Twitter, WhatsApp, and WeChat showing the world the inside of your PICU/NICU might not be welcomed by staff, but done (or wanted) by parents. Therefore, sharing best practices and new ideas will prepare healthcare professionals for future challenges in working together with parents who know what they want.