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# Mature women and higher education: reconstructing identity and family relationships

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## **Mature Women and Higher Education: Reconstructing Identity and Family Relationships**

Since Edwards' influential study on mature women students and families in the 1990's, questions have been raised about the effects of Higher Education (HE) on family lives. Edwards' maintained that relationships were at risk of breakdown due to the changing identity, increased self-esteem and enhanced confidence levels of women students. Men were perceived negatively as often being unsupportive of their wives return to HE, or threatened by the changes they observed in her.

This paper is based on qualitative research methods focusing on whether HE changes a woman's identity and reconstructs family relationships. A narrative line of inquiry was used to build detailed stories of a small group of women students and their husbands. The eleven women students were selected from one Foundation degree in Early Years programme at a Further Education institution. Data was constructed using mind mapping, focused interviews and a mosaic approach of participant led research. Research findings showed that HE had the potential to transform a woman's identity and position within her family relationships. The results also demonstrated that family capital, in the form of practical and emotional strategies of support from both husbands and children, played an instrumental part in the women's success and participation in HE (though this aspect will be discussed in a subsequent paper).

Keywords: mature women; identity; family relationships; transformation; positioning; College Higher Education